# International Youth Day

#### August 12, 2021

The City of Winnipeg's Recreation Services Division worked in collaboration with *Equitas – International Centre for Human Rights Education* to recognize International Youth Day on August 12, 2021.

Using tools developed by *Equitas – International Centre for Human Rights Education,* the Recreation Services Division participated in this national event by offering a variety of activities introduced within the Play it Fair! program. Equitas calls it Play it Fair! Day.

Play it Fair! Day is a chance for children and our staff to join in activities that highlight positive values, children's rights, and participation through games and group discussions. Children who participated enjoyed acknowledging Play it Fair! Day with their peers.

Nine Children's Free Play programs participated in the day's events, with a total of 101 children.

## Play It Fair! Day

Around August 12, International August 12, (optional) Age: 6-12 years old Time: 6-12 years old Time: Variable Group Size: Variable Variable (you combri several group or at a nearby part Values: Cooperation, respect

#### What is Play it Fair! Day?

(or) in *Pair Day* is a chance for the children and staff if (or) in *Pair Day* is a chance for the children and staff if (and is activities that hybright possive values, childrens discussions: It adoes not involve games and group your program by investing parents, or the origonet munity or local press to see what you are doing. Pay if fair/Day ran t=

and can last anywhere from a couple of hours to a day. Choose I or more of the idea in the to a klet to celebrate you

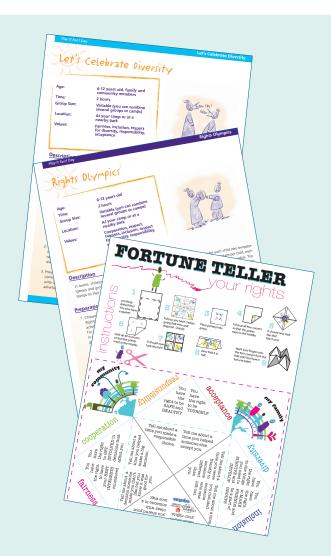
#### What are the Goals for the Day?

human rights values while having fun • To promote children's rights and Play it Fairl in your • To participate in a national exercise folderer size How Can Your Camp Get Involved? Getting involved in Pay if Fair Day is as simple as 1-2 1. Read this planning guide and order free Play it Fair Day materials.

part in and start planning. 3. Host your Play it Fair! Day and it

#### What is in This Booklet?

#### ideas, a list of easy and fun ways to celebrate Play it fail Day, as well as tips on how to or organize Play it fail we have received from our partners across Canada, following or Play is a failed on the failed of the play is a following or the play is a failed on the play is a following or the play is a failed on the play is a following or the play is a failed on the play is a following or the play is a failed on the play is a failed



#### Let's Celebrate Diversity

The "**Let's Celebrate Diversity**" activities featured games and group discussions to celebrate diversity and strengthen bonds between children, families, and the wider community.

#### **Rights Olympics**

The "**Rights Olympics**" activities featured games to get participants thinking about their rights – the games chosen were intended to inscribe specific human rights values such as co-operation, respect for diversity, responsibility, and inclusion.

#### **Fortune Teller**

A new activity was included this year, called **"Fortune Teller"** whereby children had the opportunity to create a 'fortune teller' using human rights values such as responsibility, diversity, and acceptance. Important questions linked to each value were prepared for the children to answer and reflect on.



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### Outcomes

- Participants enjoyed engaging in the activities and front-line leaders reported this event as a successful way to engage participants in learning about human rights values and making personal connections.
- Program sites participated in all activities provided and reported that children had fun and enjoyed using art as a way to demonstrate their knowledge of human rights.
- Participating in this national event was an excellent way to support inclusion, publicize children's rights and the Play it Fair! program, and promote human rights values while having fun!

#### Summary

Site	Number of Participants
East Elmwood Community Centre	19
Norberry-Glenlee Community Centre	13
Rotary Centenary Park	8
Oxford Heights Community Centre	20
Bertrand Arena	9
Winakwa Community Centre	12
Archwood Community Centre	5
Mayfair Recreation Centre	12
Fort Garry Community Centre (Hobson Site)	3

#### Testimonials

"Overall, the children indicated they had fun and also enjoyed the more physically active games outside." – East Elmwood Community Center

- "Children played "Let's Celebrate Diversity" and enjoyed it. It helped improve their teamwork and become more inclusive."
- Rotary Centenary Park

"Participants enjoyed learning about different things such as sharing, inclusion, cooperation, and strategy." – Winakwa Community Centre

"The art activity seemed to be a favorite amongst the group and most indicated they really enjoyed it and thought it was fun."

- Oxford Heights Community Centre

"The kids enjoyed "Let's Celebrate Diversity" and it helped demonstrate how diverse their group is and was a fun way to welcome everyone." – Bertrand Arena

- "Participants of the program really enjoyed the International Youth Day activities. They played a few different ones and mostly enjoyed the art graffiti and selecting their home countries on a map to celebrate their diversity."
- East Elmwood Community Centre

"Kids enjoyed using stickers and markers to draw their neighbourhoods!"

- Mayfair Recreation Centre

"The kids loved learning about their rights and had fun trying to guess the rights other drew!" – Fort Garry Community Centre (Hobson Site)

