



Kinsmen Sherbrook Pool

381 Sherbrook St.

Schedule effective September 2 – 30, 2023

Entry height requirements: 44 inches/112 cm at top of shoulder

Facility closures:
 Labour Day – Monday, September 4
 Truth and Reconciliation – Saturday,
 September 30

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public swim	9 a.m. – 2 p.m.	9 a.m. – noon 2 – 8 p.m.	4 – 8 p.m.	9 a.m. – noon 2 – 8 p.m.	Limited Space 9 a.m. – noon 2 – 8 p.m.	9 a.m. – noon	Noon – 3 p.m. 5 – 7 p.m.
Reduced Fees	Loonie/toonie 2 – 4 p.m.	–	Loonie/toonie Limited Space 9 a.m. – noon 2 – 4 p.m.	–	–	Free swim 2 – 5 p.m.	Free swim 3 – 5 p.m.
Lap swim		6:45 – 9 a.m. noon – 2 p.m.	6:45 – 9 a.m. noon – 2 p.m.	6:45 – 9 a.m. noon. – 2 p.m.	6:45 – 9 a.m. noon – 2 p.m.	6:45 – 9 a.m. noon – 2 p.m.	–
Specialty	Women only 4:30 – 7 p.m.	–	–	–	–	–	–
Fitness centre	9 a.m. – 4 p.m.	6:45 a.m. – 8 p.m.	6:45 a.m. – 8 p.m.	6:45 a.m. – 8 p.m.	6:45 a.m. – 8 p.m.	6:45 a.m. – 5 p.m.	9 a.m – 7 p.m.
Drop-in aquafit	–	–	–		Combo Aquafit 5:30 – 6:30 p.m.	–	–
Registered fitness	–	–	–	–	–	–	–
In-person registration	–	–	–	–	–	–	–

For registration information, go to winnipeg.ca/cms/recreation/leisure/registration.stm.
 Hours are subject to change. Call 311 or visit winnipeg.ca/pools for up-to-date schedule information.