

Sergeant Tommy Prince Place 90 Sinclair at Dufferin height entry requirement 44" / 112 cm at shoulders
Schedule effective October 2 – December 10, 2022

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim *limited space	12:00pm – 4:00pm	9:00am - 5:00pm	9:00am – 4:30pm	9:00am - 7:00pm	9:00am - 6:30pm	9:00am - 4:30pm	***12:00pm – 1:00pm (limited shallow end)
Swimming Lessons	9:00am – 12:00pm	5:00pm – 8:00pm					1:00pm – 4:00pm
Reduced Admission Fees for pool use only	Free Swim 4:00pm- 5:00pm		Free Teen Swim 9 -19 years 6:30pm – 8:30pm			Loonie/ Toonie 4:30 pm – 7:00 pm	Loonie / Toonie 4:00 pm – 6:30 pm Free Teen Swim 9 -19 years 7:00 pm – 9:00 pm
Change rooms, Showers, Locker rooms available	9:00 am – 5:15 pm	9:00am - 8:15p	9:00am - 8:45pm	9:00am - 7:15pm	9:00am - 8:15pm	9:00am - 7:15pm	1:00pm - 9:15pm
Use of Weight Room is restricted to those over 16 years of age, OR 12 – 15 years with adult supervision.							
Weight Room	9:00 am – 9:30 pm	9:00 am – 9:30 pm	9:00 am – 9:30 pm Free Admission 5:00 pm – 9:30pm	9:00 am – 9:30 pm	9:00 am – 9:30 pm Free Admission 12 noon – 1:00pm	9:00 am – 9:30 pm	9:00 am – 9:30 pm
Gymnasium			Free Admission 5:00 pm – 9:30pm		Free Admission 12 noon - 1:00pm		
Aqua fit Drop-In		Aqualite 10:15 am-11:00 am Oct 3 – Dec 12		Aqualite 10:15 am -11:00 am Oct 5 – Dec 7		Aqualite 10:15 am - 11:00 am Oct 7 – Dec 9	
Fitness Drop-in		Bone Building 9:30 am-10:30 am Oct 3 – Dec 12 Stretch & Relax 10:45 am-11:45 am Oct 3 – Dec 12			Bone Building 9:30 am-10:30 am Oct 6 – Dec 8 Stretch & Relax 10:45 am-11:45 am Oct 6 – Dec 8		
In-Person Registration	9:00 am – 9:00 pm	9:00 am – 9:00 pm	9:00 am – 9:00 pm	9:00 am – 9:00 pm	9:00 am – 9:00 pm	9:00 am – 9:00 pm	9:00 am – 9:00 pm

Visit <http://winnipeg.ca/cms/recreation/registration.stm> for Registration Information

Check in-person registration times at the facility of your choice.

CLOSED Monday October 10, 2022 and Friday November 11, 2022

Check Swimming for all Ages at <http://winnipeg.ca/cms/recreation/leisureguide.stm> for swim course codes

Hours subject to change - Call 311 or visit http://winnipeg.ca/cms/recreation/facilities/pools/indoor_pools/indoorpools.stm for schedule updates
