

# Transition/Level Recommendation Chart

Participant Age	Register in Swim for Life Level
6 months – 24 months	Parent & Tot 1 and 2
24 months – 36 months	Parent & Tot 3
3 years +	Preschool 1

Red Cross Swim Preschool Level	Register in Swim for Life Preschool Level (Age 3–5 years)
Sea Otter – Incomplete	Preschool 1
Sea Otter – Complete	Preschool 2
Salamander – Incomplete	
Salamander – Complete	Preschool 3
Sunfish – Incomplete	
Sunfish – Complete	Preschool 4
Crocodile – Incomplete	
Crocodile – Complete	Preschool 5
Whale – Incomplete or Complete	

Red Cross Swim Preschool Level	Register in Swim for Life Swimmer Level (Age 6+ years)
Sea Otter – Incomplete or Complete	Swimmer 1
Salamander – Incomplete or Complete	
Sunfish – Incomplete	
Sunfish – Complete	Swimmer 2
Crocodile – Incomplete or Complete	
Whale – Incomplete or Complete	

Swim for Life Preschool Level	Register in Swim for Life Swimmer Level (Age 6+ years)
Preschool 1 – Incomplete or Complete	Swimmer 1
Preschool 2 – Incomplete or Complete	
Preschool 3 – Incomplete	
Preschool 3 – Complete	Swimmer 2
Preschool 4 – Incomplete or Complete	
Preschool 5 – Incomplete or Complete	

Red Cross Swim Kids Level	Register in Level
Level 1 – Incomplete	Swimmer 1 (6–12 years) Teen 1 (12–17 years)
Level 1 – Complete	Swimmer 2 (6–12 years) Teen 1 (12–17 years)
Level 2 – Incomplete or Complete	
Level 3 – Incomplete	Swimmer 3 (6–12 years) Teen 1 (12–17 years)
Level 3 – Complete	
Level 4 – Incomplete or Complete	Swimmer 4 (6–12 years) Teen 2 (12–17 years)
Level 5 – Incomplete or Complete	
Level 6 – Incomplete	Swimmer 5 (6–12 years) Teen 2 (12–17 years)
Level 6 – Complete	
Level 7 – Incomplete	Swimmer 6 (6–12 years) Teen 2 (12–17 years)
Level 7 – Complete	
Level 8 – Incomplete	

Age of Participant	Red Cross Swim or Lifesaving Level Completed	Register in Lifesaving
11 years old or younger	Level 8 / Swimmer 5	Rookie Patrol
	Level 9 / Swimmer 6	Ranger Patrol
	Level 10 / Swimmer 6	Star Patrol
	Star Patrol	Bronze Star
	Bronze Star (min. age 11 years)	Bronze Medallion
	Bronze Medallion	Bronze Cross
12 years old	Level 10 / Swimmer 6 / Star Patrol	Bronze Star
	Bronze Star	Bronze Medallion
	Bronze Medallion	Bronze Cross
13 years old or older	Level 10 / Swimmer 6 / Teen 2	Bronze Medallion*
	Bronze Medallion	Bronze Cross

\*Bronze Star not required for participants 13 years of age or older



**Know what level you need to register in *before* registration begins.**

If you need help, please contact 311 or visit your local pool for a skills assessment (public admission fees and entry requirements apply).

You can now view results for swim courses dating back to Fall 2022 using your leisureONLINE account. To learn more, visit [winnipeg.ca/howtoregister](http://winnipeg.ca/howtoregister) and watch the “**How to view activity completion results**” video.

