## Part 1 General

## 1.1 **REFERENCES**

- .1 Canadian Standards Association (CSA International)
  - .1 CSA S350-M1980 (R1998), Code of Practice for Safety in Demolition of Structures.
- .2 Transport Canada (TC): Transportation of Dangerous Goods Act, 1992 (TDGA), c. 34.
- .3 Province of Manitoba standards for demolition / hazardous waste.
- .4 City of Winnipeg standards for demolition / hazardous waste.

## 1.2 SUBMITTALS

- .1 Submit shop drawings in accordance with Section 01 33 00 Submittal Procedures.
- .2 Before proceeding with demolition of load bearing walls or of other walls and where required by authority having jurisdiction submit for review by Contract Administrator shoring and underpinning drawings prepared by qualified professional engineer registered or licensed in the Province of Manitoba showing proposed method.

## **1.3 REMOVAL OF HAZARDOUS WASTES**

.1 Prior to start of deconstruction work remove contaminated or hazardous materials from site and dispose of at designated disposal facilities in safe manner in accordance with TDGA and other applicable regulatory requirements.

## 1.4 SITE CONDITIONS

- .1 Review designated substance report and take precautions to protect environment.
- .2 Should material resembling spray or trowel-applied asbestos or other designated substance listed as hazardous be encountered, stop work, take preventative measures, and notify Contract Administrator immediately.
  - .1 Do not proceed until written instructions have been received from Contract Administrator.
- .3 Notify Contract Administrator before disrupting building access or services.
- .4 Site Environmental Requirements.
  - .1 Ensure that selective demolition work does not adversely affect adjacent watercourses, groundwater and wildlife, or contribute to excess air and noise pollution.
  - .2 Do not dispose of waste of volatile materials including but not limited to, mineral spirits, oil, petroleum based lubricants, or toxic cleaning solutions into watercourses, storm or sanitary sewers.
    - .1 Ensure proper disposal procedures are maintained throughout the project.

- .3 Do not pump water containing suspended materials into watercourses, storm or sanitary sewers or onto adjacent properties.
- .4 Control disposal or runoff of water containing suspended materials or other harmful substances in accordance with as directed by Contract Administrator.
- .5 Protect trees, plants and foliage on site and adjacent properties.

## Part 2 Products NOT USED

#### Part 3 Execution

#### 3.1 **PROTECTION**

- .1 Prevent movement, settlement, or damage to adjacent structures, utilities, and parts of building to remain in place. Provide bracing and shoring required.
- .2 Keep noise, dust, and inconvenience to occupants to minimum.
- .3 Protect building systems, services and equipment.
- .4 Provide temporary dust screens, covers, railings, supports and other protection as required.

#### 3.2 DEMOLITION AND DISPOSAL

- .1 Remove parts of existing building to permit new construction.
- .2 Trim edges of partially demolished building elements to tolerances as defined by Contract Administrator to suit future use.
- .3 Dispose of removed materials, off site except where specified otherwise, in accordance with authority having jurisdiction.

## 3.3 CLEANING AND RESTORATION

- .1 Keep site clean and organized throughout deconstruction.
- .2 Upon completion of project, remove debris, trim surfaces and leave work site clean.
- .3 Upon completion of project, reinstate areas, parking surfaces, walkways, light standards, affected by Work to match condition of adjacent, undisturbed areas.

## END OF SECTION

#### Part 1 General

## 1.1 SUMMARY

- .1 Comply with requirements of this Section when performing following Work:
  - .1 Removal or disturbance as specified of more than one square metre of friable asbestos containing material during the repair, alteration, maintenance or demolition of a building or any machinery or equipment located at site.
  - .2 The spray application of a sealant to friable asbestos containing material.
  - .3 Cleaning or removing air handling equipment, including rigid ducting but not including filters, in a building that has asbestos containing sprayed fireproofing.
  - .4 Repairing, altering or demolishing all or part of a kiln, metallurgical furnace or similar structure that is made in part of refractory materials that are asbestos containing materials.
  - .5 Breaking, cutting, drilling, abrading, grinding, sanding or vibrating non-friable asbestos containing material, if the work is done by means of power tools that are not attached to dust-collecting devices equipped with HEPA filters.
  - .6 Repairing, altering or demolishing all or part of any building in which asbestos is or was used in the manufacture of products.

## **1.2 REFERENCES**

- .1 Canadian General Standards Board (CGSB)
  - .1 CAN/CGSB-1.205-94, Sealer for Application to Asbestos-Fibre-Releasing Materials.
- .2 Canadian Standards Association (CSA International)
- .3 Department of Justice Canada
  - .1 Canadian Environmental Protection Act (CEPA), 1999.
- .4 Health Canada/Workplace Hazardous Materials Information System (WHMIS)
  - .1 Material Safety Data Sheets (MSDS).
- .5 Transport Canada (TC)
  - .1 Transportation of Dangerous Goods Act, 1992 (TDGA).
- .6 Underwriters' Laboratories of Canada (ULC)
- .7 U.S. Department of Health and Human Services/Centers for Disease Control and Prevention (CDC)/National Institute for Occupational Safety and Health (NIOSH)
  - .1 NIOSH 94-113-August 1994, NIOSH Manual of Analytical Methods (NMAM), 4th Edition.
- .8 U.S. Department of Labour Occupational Safety and Health Administration Toxic and Hazardous Substances
  - .1 29 CFR 1910.1001-2001, Asbestos Regulations.

## **1.3 DEFINITIONS**

- .1 Airlock: system for permitting ingress or egress without permitting air movement between contaminated area and uncontaminated area, typically consisting of two curtained doorways at least 2 m apart.
- .2 Amended Water: water with a non-ionic surfactant wetting agent added to reduce water tension to allow wetting of fibres.
- .3 Asbestos Containing Materials (ACMs): materials that contain provincial regulated amount per cent or more asbestos by dry weight and are identified under Existing Conditions including fallen materials and settled dust.
- .4 Asbestos Work Areas: area where work takes place which will, or may disturb ACMs.
- .5 Authorized Visitors: Contract Administrator or designated representative's, and representatives of regulatory agencies.
- .6 Competent worker: in relation to specific work, means a worker who:
  - .1 Is qualified because of knowledge, training and experience to perform the work.
  - .2 Is familiar with the provincial, federal laws and with the provisions of the regulations that apply to the work.
  - .3 Has knowledge of all potential or actual danger to health or safety in the work.
- .7 Curtained doorway: arrangement of closures to allow ingress and egress from one room to another while permitting minimal air movement between rooms, typically constructed as follows:
  - .1 Place two overlapping sheets of polyethylene over existing or temporarily framed doorway, secure each along top of doorway, secure vertical edge of one sheet along one vertical side of doorway, and secure vertical edge of other sheet along opposite vertical side of doorway.
  - .2 Reinforce free edges of polyethylene with duct tape and weight bottom edge to ensure proper closing.
  - .3 Overlap each polyethylene sheet at openings not less than 1.5 m on each side.
- .8 DOP Test: testing method used to determine integrity of Negative Pressure unit using dioctyl phthalate (DOP) HEPA-filter leak test.
- .9 Friable Materials: material that when dry can be crumbled, pulverized or powdered by hand pressure and includes such material that is crumbled, pulverized or powdered.
- .10 Glove Bag: prefabricated glove bag as follows:
  - .1 Minimum thickness 0.25 mm (10 mil) polyvinyl-chloride bag.
  - .2 Integral 0.25 mm (10 mil) thick polyvinyl-chloride gloves and elastic ports.
  - .3 Equipped with reversible double pull double throw zipper on top and at approximately mid-section of the bag.
  - .4 Straps for sealing ends around pipe.
- .11 HEPA vacuum: High Efficiency Particulate Air filtered vacuum equipment with a filter system capable of collecting and retaining fibres greater than 0.3 microns in any direction at 99.97% efficiency.

- .12 Negative pressure: system that extracts air directly from work area, filters such extracted air through High Efficiency Particulate Air filtering system, and discharges this air directly outside work area to exterior of building.
  - .1 System to maintain minimum pressure differential of 5 Pa relative to adjacent areas outside of work areas, be equipped with alarm to warn of system breakdown, and be equipped with instrument to continuously monitor and automatically record pressure differences.
- .13 Non-Friable Materials: material that when dry cannot be crumbled, pulverized or powdered by hand pressure.
- .14 Occupied Areas: any area of building or work site that is outside Asbestos Work Area.
- .15 Polyethylene sheeting sealed with tape: polyethylene sheeting of type and thickness specified sealed with tape along edges, around penetrating objects, over cuts and tears, and elsewhere as required to provide continuous polyethylene membrane to protect underlying surfaces from water damage or damage by sealants, and to prevent escape of asbestos fibres through sheeting into clean area.
- .16 Sprayer: garden reservoir type sprayer or airless spray equipment capable of producing mist or fine spray. Must be appropriate capacity for scope of work.

## 1.4 ACTION AND INFORMATIONAL SUBMITTALS

- .1 Submittals in accordance with Section 01 33 00 Submittal Procedures.
- .2 Before beginning work:
  - .1 Obtain from appropriate agency and submit to Contract Administrator necessary permits for transportation and disposal of asbestos waste. Ensure that dump operator is fully aware of hazardous nature of material being dumped, and proper methods of disposal. Submit proof satisfactory to Contract Administrator that suitable arrangements have been made to receive and properly dispose of asbestos waste.
  - .2 Submit proof satisfactory Contract Administrator that all asbestos workers have received appropriate training and education by a competent person on hazards of asbestos exposure, good personal hygiene, entry and exit from Asbestos Work Area, aspects of work procedures and protective measures while working in Asbestos Work Areas, and the use, cleaning and disposal of respirators and protective clothing. Submit proof of attendance in form of certificate.
  - .3 Ensure supervisory personnel have attended asbestos abatement course, of not less than two days duration, approved by Contract Administrator. Submit proof of attendance in form of certificate. Minimum of one Supervisor for every ten workers.
  - .4 Submit layout of proposed enclosures and decontamination facilities to Contract Administrator for review.
  - .5 Submit documentation including test results for sealer proposed for use.
  - .6 Submit Provincial/Territorial and/or local requirements for Notice of Project form.
  - .7 Submit proof of Contractor's Asbestos Liability Insurance.

- Submit proof satisfactory to Contract Administrator that employees have .8 respirator fitting and testing. Workers must be fit tested (irritant smoke test) with respirator that is personally issued.
- .9 Submit Worker's Compensation Board status and transcription of insurance.
- Submit documentation including test results, fire and flammability data, and .10 Material Safety Data Sheets (MSDS) for chemicals or materials including but not limited to following:
  - .1 Encapsulants.

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- .2 Amended water.
- .3 Slow drying sealer.

#### 1.5 **QUALITY ASSURANCE**

- .1 Regulatory Requirements: comply with Federal, Provincial/Territorial and local requirements pertaining to asbestos, provided that in case of conflict among those requirements or with these specifications more stringent requirement applies. Comply with regulations in effect at time work is performed.
- .2 Health and Safety:
  - .1 Do construction occupational health and safety in accordance with Federal, Provincial, Territorial and Municipal regulations.
  - .2 Safety Requirements: worker and visitor protection.
    - Protective equipment and clothing to be worn by workers while in .1 Asbestos Work Area includes:
      - Air purifying full face-mask respirator, Powered air purifying respirator (PAPR) Supplied air respirator with N-100, R-100 or P-100 particulate filter, personally issued to worker and marked as to efficiency and purpose, suitable for protection against asbestos and acceptable to Provincial Authority having jurisdiction. The respirator to be fitted so that there is an effective seal between the respirator and the worker's face, unless the respirator is equipped with a hood or helmet. The respirator to be cleaned, disinfected and inspected after use on each shift, or more often if necessary, when issued for the exclusive use of one worker, or after each use when used by more than one worker. The respirator to have damaged or deteriorated parts replaced prior to being used by a worker; and, when not in use, to be stored in a convenient, clean and sanitary location. The employer to establish written procedures regarding the selection, use and care of respirators, and a copy of the procedures to be provided to and reviewed with each worker who is required to wear a respirator. A worker not to be assigned to an operation requiring the use of a respirator unless he or she is physically able to perform the operation while using the respirator.
      - Disposable type protective clothing that does not readily retain .2 or permit penetration of asbestos fibres. Protective clothing to be provided by the employer and worn by every worker who enters the work area, and the protective clothing to consist of a head covering and full body covering that fits snugly at the ankles, wrists and neck, in order to prevent asbestos fibres from reaching

the garments and skin under the protective clothing. It includes suitable footwear, and it to be repaired or replaced if torn. Requirements for each worker:

- .1 Remove street clothes in clean change room and put on respirator with new filters or reusable filters that have been tested as satisfactory, clean coveralls and head covers before entering Equipment and Access Rooms or Asbestos Work Area. Store street clothes, uncontaminated footwear, towels, and similar uncontaminated articles in clean change room.
- .2 Remove gross contamination from clothing before leaving work area then proceed to Equipment and Access Room and remove clothing except respirators. Place contaminated work suits in receptacles for disposal with other asbestos - contaminated materials. Leave reusable items except respirator in Equipment and Access Room. Still wearing the respirator proceed naked to showers. Using soap and water wash body and hair thoroughly. Clean outside of respirator with soap and water while showering; remove respirator; remove filters and wet them and dispose of filters in container provided for purpose; and wash and rinse inside of respirator. When not in use in work area, store work footwear in Equipment and Access Room. Upon completion of asbestos abatement, dispose of footwear as contaminated waste or clean thoroughly inside and out using soap and water before removing from work area or from Equipment and Access Room.
- .3 After showering and drying off, proceed to clean change room and dress in street clothes at end of each day's work, or in clean coveralls before eating, smoking, or drinking. If re-entering work area, follow procedures outlined in paragraphs above.
- .4 Enter unloading room from outside dressed in clean coveralls to remove waste containers and equipment from Holding Room of Container and Equipment Decontamination Enclosure system. Workers must not use this system as means to leave or enter work area.
- .2 Eating, drinking, chewing, and smoking are not permitted in Asbestos Work Area.
- .3 Ensure workers are fully protected with respirators and protective clothing during preparation of system of enclosures prior to commencing actual asbestos abatement.
- .4 Provide and post in Clean Change Room and in Equipment and Access Room the procedures described in this Section, in both official languages.
- .5 Ensure that no person required to enter an Asbestos Work Area has facial hair that affects seal between respirator and face.
- .6 Visitor Protection:

.1	Provide protective clothing and approved respirators to Authorized Visitors to work areas.
.2	Instruct Authorized Visitors in the use of protective clothing, respirators and procedures.

.3 Instruct Authorized Visitors in proper procedures to be followed in entering into and exiting from Asbestos Work Area.

## 1.6 WASTE MANAGEMENT AND DISPOSAL

- .1 Place materials defined as hazardous or toxic in designated containers.
- .2 Handle and dispose of hazardous materials in accordance with the CEPA, TDGA, Regional and Municipal regulations.
- .3 Disposal of asbestos waste generated by removal activities must comply with Federal, Provincial, Territorial and Municipal regulations. Dispose of asbestos waste in sealed double thickness 6 ml bags or leak proof drums. Label containers with appropriate warning labels.
- .4 Provide manifests describing and listing waste created. Transport containers by approved means to licenced landfill for burial.

## 1.7 EXISTING CONDITIONS

.1 Notify Contract Administrator of suspect asbestos containing material discovered during Work and not apparent from drawings, specifications, or report pertaining to Work. Do not disturb such material until instructed by Contract Administrator.

## 1.8 SCHEDULING

- .1 Not later than ten (10) days before beginning Work on this Project notify following in writing:
  - .1 Appropriate Regional or Zone Director of Medical Services Branch, Health Canada.
  - .2 Regional Office of Labour Canada.
  - .3 Provincial/Territorial, Department of Labour.
  - .4 Disposal Authority.
- .2 Inform sub-trades of presence of asbestos containing materials identified in Existing Conditions.
- .3 Submit to Contract Administrator copy of notifications prior to start of Work.

## 1.9 OWNER'S INSTRUCTIONS

- .1 Before beginning Work, provide to Contract Administrator satisfactory proof that every worker has had instruction and training in hazards of asbestos exposure, in personal hygiene including dress and showers, in entry and exit from Asbestos Work Area, in aspects of work procedures including glove bag procedures, and in use, cleaning, and disposal of respirators and protective clothing.
- .2 Instruction and training related to respirators includes, at minimum:

- .1 Proper fitting of equipment.
- .2 Inspection and maintenance of equipment.
- .3 Disinfecting of equipment.
- .4 Limitations of equipment.
- .3 Instruction and training must be provided by competent, qualified person.
- .4 Supervisory personnel to complete required training.

#### Part 2 Products

#### 2.1 MATERIALS

- .1 Polyethylene: minimum 0.15 mm thick unless otherwise specified; in sheet size to minimize joints.
- .2 FR polyethylene: minimum 0.15 mm thick, woven fibre reinforced fabric bonded both sides with polyethylene.
- .3 Tape: fibreglass reinforced duct tape suitable for sealing polyethylene under both dry conditions and wet conditions using amended water.
- .4 Wetting agent: 50% polyoxyethylene ester and 50% polyoxyethylene ether, or other material approved by Contract Administrator, mixed with water in concentration to provide adequate penetration and wetting of asbestos containing material.
- .5 Waste Containers: contain waste in two separate containers.
  - .1 Inner container: 0.15 mm thick sealable polyethylene bag or where glove bag method is used, glove bag itself.
  - .2 Outer container: sealable metal or fibre type where there are sharp objects included in waste material; otherwise outer container may be sealable metal or fibre type or second 0.15 mm thick sealable polyethylene bag.
  - .3 Labelling requirements: affix preprinted cautionary asbestos warning, in both official languages, that is visible when ready for removal to disposal site. Label containers in accordance with Asbestos Regulations 29 CFR 1910.1001Label in both official languages.
- .6 Glove bag:
  - .1 Acceptable materials: safe-T-Strip products in configuration suitable for Work, or Alternative material approved by addendum during tendering period in accordance with Instructions to Tenderers.
  - .2 The glove bag to be equipped with:
    - .1 Sleeves and gloves that are permanently sealed to the body of the bag to allow the worker to access and deal with the insulation and maintain a sealed enclosure throughout the work period.
    - .2 Valves or openings to allow insertion of a vacuum hose and the nozzle of a water sprayer while maintaining the seal to the pipe, duct or similar structure.
    - .3 A tool pouch with a drain.

- .4 A seamless bottom and a means of sealing off the lower portion of the bag.
- .5 A high strength double throw zipper and removable straps, if the bag is to be moved during the removal operation.
- .7 Tape: tape suitable for sealing polyethylene to surfaces under both dry and wet conditions using amended water.
- .8 Slow drying sealer: non-staining, clear, water dispersible type that remains tacky on surface for at least 8 hours and designed for purpose of trapping residual asbestos fibres.
- .9 Sealer: flame spread and smoke developed rating less than 50 and be compatible with new fireproofing.
- .10 Encapsulants: Type 2 surface film forming, Type 1 penetrating, type Class A water based conforming to CAN/CGSB-1.205 and approved by the Fire Commissioner of Canada.

## Part 3 Execution

## 3.1 PREPARATION

- .1 Do construction occupational health and safety in accordance Provincial, Federal Health and Safety Requirements.
- .2 Work Areas:
  - .1 Shut off and isolate air handling and ventilation systems to prevent fibre dispersal to other building areas during work phase. Conduct smoke tests to ensure that duct work is airtight. Seal and caulk joints and seams of active return air ducts within Asbestos Work Area.
  - .2 Pre-clean moveable furniture and carpeting within proposed work areas using HEPA vacuum and remove from work areas to temporary location.
  - .3 Pre-clean fixed casework, plant, and equipment within proposed work area[s], using HEPA vacuum and cover with polyethylene sheeting sealed with tape.
  - .4 Clean proposed work area[s] using, where practicable, HEPA vacuum cleaning equipment. If not practicable, use wet cleaning method. Do not use methods that raise dust, such as dry sweeping, or vacuuming using other than HEPA vacuum equipment.
  - .5 The spread of dust from the work area to be prevented by:
    - .1 Using enclosures of polyethylene or other suitable material that is impervious to asbestos (including, if the enclosure material is opaque, one or more transparent window areas to allow observation of the entire work area from outside the enclosure), if the work area is not enclosed by walls.
    - .2 Using curtains of polyethylene sheeting or other suitable material that is impervious to asbestos, fitted on each side of each entrance or exit from the work area.
  - .6 Put negative pressure system in operation and operate continuously from time first polyethylene is installed to seal openings until final completion of work including final cleanup. Provide continuous monitoring of pressure difference

using automatic recording instrument. The system to maintain a negative air pressure of 0.02 inches 5 Pa of water, relative to the area outside the enclosed area. The system to be inspected and maintained by a competent person prior each use to ensure that there is no air leakage, and if the filter is found to be damaged or defective, it to be replaced before the ventilation system is used.

- .7 Seal off openings such as corridors, doorways, windows, skylights, ducts, grilles, and diffusers, with polyethylene sheeting sealed with tape.
- .8 Cover floor and wall surfaces with polyethylene sheeting sealed with tape. Use two layers] of FR polyethylene on floors. Cover floors first so that polyethylene extends at least 300 mm up walls then cover walls to overlap floor sheeting.
- .9 Build airlocks at entrances to and exits from work areas so that work areas are always closed off by one curtained doorway when workers enter or exit.
- .10 At each access to work areas install warning signs in both official languages in upper case "Helvetica Medium" letters reading as follows where number in parentheses indicates font size to be used: "CAUTION ASBESTOS HAZARD AREA (25 mm) NO UNAUTHORIZED ENTRY (19 mm) WEAR ASSIGNED PROTECTIVE EQUIPMENT (19 mm) BREATHING ASBESTOS DUST MAY CAUSE SERIOUS BODILY HARM (7 mm)".
- .11 After work area isolation, remove heating, ventilating, and air conditioning filters, pack in sealed plastic bags 0.15 mm minimum thick and treat as contaminated asbestos waste. Remove ceiling mounted objects such as lights, partitions, other fixtures not previously sealed off, and other objects that interfere with asbestos removal, as directed by Contract Administrator. Use localized water spraying during fixture removal to reduce fibre dispersal.
- .12 Maintain emergency and fire exits from work area[s], or establish alternative exits satisfactory to Fire Commissioner of Canada and Provincial Fire Marshall Authority having jurisdiction.
- .13 Where application of water is required for wetting asbestos containing materials, shut off electrical power, provide 24 volt safety lighting and ground fault interrupter circuits on power source for electrical tools, in accordance with applicable CSA Standard. Ensure safe installation of electrical lines and equipment.
- .14 After preparation of work areas and Decontamination Enclosure Systems, remove designated asbestos containing ceiling tiles within work area[s] progressively and carefully, [clean using HEPA vacuum and damp sponge, wrap clean panels in 0.10 mm minimum thick polyethylene, and store in building as directed by Contract Administrator and dispose of as contaminated waste. Clean "T" grid suspension system within work areas using wet sponge, disconnect grid from hangers, wrap grid members in 0.10 mm minimum thick polyethylene and store in building as directed by Contract Administrator.
- .15 After preparation of work areas and Decontamination Enclosure Systems, remove plaster ceilings, including lath, furring, channels, hangers, wires, clips, and dispose of as contaminated waste in specified containers. Spray asbestos debris and immediate work area with amended water to reduce dust, as work progresses.
- .16 After preparation of work area[s] and Decontamination Enclosure Systems, for the removal of all other asbestos containing materials, remove within work area and dispose of as contaminated waste in specified containers. Spray asbestos debris and immediate work area with amended water to reduce dust, as work progresses.

- .3 Worker Decontamination Enclosure System:
  - .1 Worker Decontamination Enclosure System includes Equipment and Access Room, Shower Room, and Clean Room, as follows:
    - .1 Equipment and Access Room: build Equipment and Access Room between Shower Room and work areas, with two curtained doorways, one to Shower Room and one to work areas. Install portable toilet, waste receptor, and storage facilities for workers' shoes and protective clothing to be re-worn in work area[s]. Build Equipment and Access Room large enough to accommodate specified facilities, other equipment needed, and at least one worker allowing him /her sufficient space to undress comfortably.
    - .2 Shower Room: build Shower Room between Clean Room and Equipment and Access Room, with two curtained doorways, one to Clean Room and one to Equipment and Access Room. Provide one shower for every five workers. Provide constant supply of hot and cold or warm water. Provide piping and connect to water sources and drains. Pump waste water through 5 micrometre filter system acceptable Contract Administrator before directing into drains. Provide soap, clean towels, and appropriate containers for disposal of used respirator filters.
    - .3 Clean Room: build Clean Room between Shower Room and clean areas outside of enclosures, with two curtained doorways, one to outside of enclosures and one to Shower Room. Provide lockers or hangers and hooks for workers' street clothes and personal belongings. Provide storage for clean protective clothing and respiratory equipment. Install mirror to permit workers to fit respiratory equipment properly.
- .4 Container and Equipment Decontamination Enclosure System:
  - .1 Container and Equipment Decontamination Enclosure System consists of Staging Area within work area, Washroom, Holding Room, and Unloading Room. Purpose of system is to provide means to decontaminate waste containers, scaffolding, waste and material containers, vacuum and spray equipment, and other tools and equipment for which Worker Decontamination Enclosure System is not suitable.
    - .1 Staging Area: designate Staging Area in work area for gross removal of dust and debris from waste containers and equipment, labelling and sealing of waste containers, and temporary storage pending removal to Washroom. Equip Staging Area with curtained doorway to Washroom.
    - .2 Washroom: build Washroom between Staging Area and Holding Room with two curtained doorways, one to Staging Area and one to Holding Room. Provide high - pressure low - volume sprays for washing of waste containers and equipment. Pump waste water through 5 micrometre filter system before directing into drains. Provide piping and connect to water sources and drains.
    - .3 Holding Room: build Holding Room between Washroom and Unloading Room, with two curtained doorways, one to Washroom and one to Unloading Room. Build Holding Room sized to accommodate at least two waste containers and largest item of equipment used.
    - .4 Unloading Room: build Unloading Room between Holding Room and outside, with two curtained doorways, one to Holding Room and one to outside.

- .5 Construction of Decontamination Enclosures:
  - .1 Build suitable framing for enclosures or use existing rooms where convenient, and line with polyethylene sheeting sealed with tape. Use two layers of FR polyethylene on floors.
  - .2 Build curtained doorways between enclosures so that when people move through or when waste containers and equipment are moved through doorway, one of two closures comprising doorway always remains closed.
- .6 Separation of Work Areas from Occupied Areas:
  - .1 Separate parts of building required to remain in use from parts of building used for asbestos abatement by means of airtight barrier system constructed as follows:
    - .1 Build suitable floor to ceiling lumber or metal stud framing, cover with polyethylene sheeting sealed with tape, and apply 9 mm minimum thick plywood. Seal joints between plywood sheets and between plywood and adjacent materials with surface film forming type sealer, to create airtight barrier.
    - .2 Cover plywood barrier with polyethylene sealed with tape, as specified for work areas.
- .7 Maintenance of Enclosures:
  - .1 Maintain enclosures in tidy condition.
  - .2 Ensure that barriers and polyethylene linings are effectively sealed and taped. Repair damaged barriers and remedy defects immediately upon discovery.
  - .3 Visually inspect enclosures at beginning of each working period.
  - .4 Use smoke methods to test effectiveness of barriers when directed by Contract Administrator.
- .8 Do not begin Asbestos Abatement work until:
  - .1 Arrangements have been made for disposal of waste.
  - .2 For wet stripping techniques, arrangements have been made for containing, filtering, and disposal of waste water.
  - .3 Work areas and decontamination enclosures and parts of building required to remain in use are effectively segregated.
  - .4 Tools, equipment, and materials waste containers are on hand.
  - .5 Arrangements have been made for building security.
  - .6 Warning signs are displayed where access to contaminated areas is possible.
  - .7 Notifications have been completed and other preparatory steps have been taken.

## 3.2 SUPERVISION

- .1 Minimum of one Supervisor for every ten workers is required.
- .2 Approved Supervisor must remain within Asbestos Work Area during disturbance, removal, or other handling of asbestos containing materials.

## 3.3 ASBESTOS REMOVAL

.1 Before removing asbestos:

- .1 Prepare site.
- .2 Spray asbestos material with water containing specified wetting agent, using airless spray equipment capable of providing "mist" application to prevent release of fibres. Saturate asbestos material sufficiently to wet it to substrate without causing excess dripping. Spray asbestos material repeatedly during work process to maintain saturation and to minimize asbestos fibre dispersion.
- .2 Remove saturated asbestos material in small sections. Do not allow saturated asbestos to dry out. As it is being removed pack material in sealable plastic bags 0.15 mm minimum thick and place in labelled containers for transport.
- .3 Seal filled containers. Clean external surfaces thoroughly by wet sponging. Remove from immediate working area to Staging Area. Clean external surfaces thoroughly again by wet sponging before moving containers to decontamination Washroom. Wash containers thoroughly in decontamination Washroom, and store in Holding Room pending removal to Unloading Room and outside. Ensure that containers are removed from Holding Room by workers who have entered from uncontaminated areas dressed in clean coveralls.
- .4 After completion of stripping work, wire brushed and wet sponged surfaces from which asbestos has been removed to remove visible material. During this work keep surfaces wet.
- .5 Where Contract Administrator decides complete removal of asbestos containing material is impossible due to obstructions such as structural members or major service elements, or because asbestos containing material was originally applied to asphaltic coating, and provides written direction, encapsulate material as follows:
  - .1 Apply surface film forming type sealer to provide 0.635 mm minimum dry film thickness over sprayed asbestos surfaces. Apply using airless spray equipment to avoid blowing off fibres. Use different colour for each coat. Use colour for final coat. Apply penetrating type sealer to penetrate existing sprayed asbestos surfaces to uniform depth of 25 mm minimum. Apply penetrating type sealer to penetrate existing sprayed asbestos surfaces uniformly to substrate.
- .6 After wire brushing and wet sponging to remove visible asbestos, and after encapsulating asbestos containing material impossible to remove, wet clean entire work area including Equipment and Access Room, and equipment used in process. After 24 hour period to allow for dust settling, wet clean these areas and objects again. During this settling period no entry, activity, or ventilation will be permitted. After second 24 hour period under same conditions, clean these areas and objects again using HEPA vacuum followed by wet cleaning. After inspection by Contract Administrator apply continuous coat of slow drying sealer to surfaces of work area. Allow at least 16 hours with no entry, activity, ventilation, or disturbance other than operation of negative pressure units during this period].
- .7 Work is subject to visual inspection and air monitoring. Contamination of surrounding areas indicated by visual inspection or air monitoring will require complete enclosure and clean-up of affected areas.
- .8 Cleanup:
  - .1 Frequently during Work and immediately after completion of work, clean up dust and asbestos containing waste using HEPA vacuum or by damp mopping.

- .2 Place dust and asbestos containing waste in sealed dust tight waste bags. Treat drop sheets and disposable protective clothing as asbestos waste and wet and fold to contain dust and then place in waste bags.
- .3 Immediately before their removal from Asbestos Work Area and disposal, clean each filled waste bag using damp cloths or HEPA vacuum and place in second clean waste bag.
- .4 Seal and remove double bagged waste from site. Dispose of in accordance with requirements of Provincial/Territorial and Federal authority having jurisdiction. Supervise dumping and ensure that dump operator is fully aware of hazardous nature of material to be dumped and that guidelines and regulations for asbestos disposal are followed.
- .5 Perform final thorough clean-up of Asbestos Work Areas and adjacent areas affected by Work using HEPA vacuum.

# 3.4 FINAL CLEANUP

- .1 Following cleaning specified in above, and when air sampling shows that asbestos levels on both sides of seals do not exceed 0.01 fibres/cc as determined by membrane filter method at 400-500X magnification phase contrast illumination, as described in NIOSH Method 94-113 or equivalent, proceed with final cleanup.
- .2 Remove polyethylene sheet by rolling it away from walls to centre of work area. Vacuum visible asbestos containing particles observed during cleanup, immediately, using HEPA vacuum equipment.
- .3 Place polyethylene seals, tape, cleaning material, clothing, and other contaminated waste in plastic bags and sealed labelled waste containers for transport.
- .4 Include in clean-up Work areas, Equipment and Access Room, Washroom, Shower Room, and other contaminated enclosures.
- .5 Include in clean-up sealed waste containers and equipment used in Work and remove from work areas, via Container and Equipment Decontamination Enclosure System, at appropriate time in cleaning sequence.
- .6 Conduct final check to ensure that no dust or debris remains on surfaces as result of dismantling operations and carry out air monitoring again to ensure that asbestos levels in building do not exceed 0.01 fibres/cc. Repeat cleaning using HEPA vacuum equipment, or wet cleaning methods where feasible, in conjunction with sampling until levels meet this criteria.
- .7 As work progresses, and to prevent exceeding available storage capacity on site, remove sealed and labelled containers containing asbestos waste and dispose of to authorized disposal area in accordance with requirements of disposal authority. Ensure that each shipment of containers transported to dump is accompanied by Contractor's representative to ensure that dumping is done in accordance with governing regulations.

## 3.5 RE-ESTABLISHMENT OF OBJECTS AND SYSTEMS

- .1 When cleanup is complete:
  - .1 Re-establish objects and furniture moved to temporary locations in course of Work, in their proper positions.

- .2 Re-secure mounted objects removed in course of Work in their former positions.
- .3 Re-establish mechanical and electrical systems in proper working order. Install new filters.
- .4 Repair or replace objects damaged in the course of Work, as directed by Contract Administrator.

## 3.6 AIR MONITORING

- .1 From beginning of Work until completion of cleaning operations, Contract Administrator to take air samples on daily basis outside of work area enclosure in accordance with Health Canada recommendations.
  - .1 Contractor will be responsible for monitoring inside enclosure in accordance with applicable Provincial/Territorial Occupational Health and Safety Regulations.
- .2 Use results of air monitoring inside work area to establish type of respirators to be used. Workers may be required to wear sample pumps for up to full-shift periods.
  - .1 If fibre levels are above safety factor of respirators in use, stop abatement, apply means of dust suppression, and use higher safety factor in respiratory protection for persons inside enclosure.
  - .2 If air monitoring shows that areas outside work area enclosures are contaminated, enclose, maintain and clean these areas, in same manner as that applicable to work areas.
- .3 During course of Work, Contract Administrator to measure fibre content of air outside work areas by means air samples analyzed by Phase Contrast Microscopy (PCM).
  - .1 Stop Work when PCM measurements exceed 0.05 f/cc and correct procedures.
- .4 Final air monitoring to be conducted as follows: After Asbestos Work Area has passed visual inspection and acceptable coat of lock-down agent has been applied to surfaces within enclosure, and appropriate setting period has passed, Contract Administrator will perform air monitoring within Asbestos Work Area by aggressive methods, where provincial regulations require.
  - .1 Final air monitoring results must show fibre levels of less than 0.01 f/cc.
  - .2 If air monitoring results show fibre levels in excess of 0.01 f/cc, re-clean work area and apply another acceptable coat of lock-down agent to surfaces.
  - .3 Repeat as necessary until fibre levels are less than 0.01 f/cc.

## 3.7 INSPECTION

- .1 Perform inspection of Asbestos Work Area to confirm compliance with specification and governing authority requirements. Deviations from these requirements that have not been approved in writing by Contract Administrator may result in Work stoppage, at no cost to Owner.
- .2 Contract Administrator will inspect Work for:
  - .1 Adherence to specific procedures and materials.
  - .2 Final cleanliness and completion.
  - .3 No additional costs will be allowed by Contractor for additional labour or materials required to provide specified performance level.

- .3 When asbestos leakage from Asbestos Work Area has occurred or is likely to occur Contract Administrator may order Work shutdown.
  - .1 No additional costs will be allowed by Contractor for additional labour or materials required to provide specified performance level.

# **END OF SECTION**