

Appendix B: Equipment Inventory

Body @ Work Wellness Centre	510 Main (Basement)			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
Paramount Leg Extension/Curl	Circa 2004	1	FL-30	FL30-0409006
Concept 2 Indoor Rower	Circa 2002	1	Model C – PM2	122401/5
Life Fitness Elliptical	Circa 2004	1	9500HR	CTG118736
Life Fitness Elliptical (Fit Stride Total Body Trainer)	Jul-04	1	93X	XTB102343
Sports Art Treadmill	Dec-02	1	6310	926
Vision Fitness Upright Cycle	Sep-12	1	U70	CB68B120700055
Lemond Fitness Upright Cycle	Feb-07	1	A00001-1	2061100348
Body Solid Seated Leg Press	Circa 2002	1	200 lb Stack	
Body Solid Weight Bench Flat/Incline/Decline	Circa 2005	1	FID	FID71WC88020504
Pulse Weight Bench – Flat/Incline	1996	1	B102	
Ultimate US08 Olympic Bench	2015	1	US08	2014053004813

Cindy Klassen Recreation Complex	999 Sargent Avenue			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
Updated 2/2/2015 UPPER WEIGHT ROOM				
Star Trac E-TRx Treadmill	2013	1	9-9051-MUNBPO	TREX1307-L01302
Star Trac E-TRx Treadmill	2013	1	9-9051-MUNBPO	TREX1307-L01314
Star Trac E-TRx Treadmill	2013	1	9-9051-MUNBPO	TREX1307-L01315
Star Trac E-TRx Treadmill	2013	1	9-9051-MUNBPO	TREX1307-L01316
Matrix Ascent Trainer	2013	1	A-5X/7X-04-F	EP308130903075
Matrix Ascent Trainer	2013	1	A-5X/7X-04-F	EP308130903078
Jacobs Ladder	2013	1		7212
Star Trac E-SM Stairmill	2013	1	9-5180-MUNBPO	SMEB1308-L01188
Star Trac E-SM Stairmill	2013	1	9-5180-MUNBPO	SMEB1308-L01193
Star Trac PRBTX Body Trainer	2009	1	9-6230-MINTPO	CTPX0811-U04254
Star Trac PRBTX Body Trainer	2009	1	9-6230-MINTPO	CTPX0810-U04045
Star Trac PRBTX Body Trainer	2009	1	9-6230-MINTPO	CTPX0810-U04043

Star Trac PRBTX Body Trainer	2009	1	9-6230-MINTPO	CTPX0811-U04182
Star Trac PRBTX Body Trainer	2009	1	9-6230-MINTPO	CTPX0811-U04180
Star Trac PRBTX Body Trainer	2009	1	9-6230-MINTPO	CTPX0811-U04179
Star Trac Pro Treadmill	2009	1	9-7631-MUSAPO	TRPN0810-U05551
Star Trac Pro Treadmill	2013	1	9-7631-MUSAPO	TRPN0810-U05541
Star Trac eSpinner	2009	1	9-7140MINTPO	SBES0812-C00945
Star Trac P-UB Upright Bike	2009	1	9-6330-MINTPO	UBPN0804-C01419
Star Trac E-UB Upright Bike	2013	1	9-8100-MUNBPO	UBEB1301-L01000
Star Trac E-UB Upright Bike	2013	1	9-8100-MUNBPO	UBEB1301-L01002
Star Trac E-UB Upright Bike	2013	1	9-8100-MUNBPO	UBEB1301-L01004
Star Trac P-RB Recumbent Bike	2013	1	9-6430-MINTPO	RBPN0712-C03204
Star Trac P-RB Recumbent Bike	2013	1	9-6430-MINTPO	RBPN0809-C02282
Star Trac P-RB Recumbent Bike	2013	1	9-6430-MINTPO	RBPN0809-C02273
Star Trac EST Stepper	2009	1	9-5040-MINTPO	SCEN0811-U01930
Star Trac EST Stepper	2009	1	9-5040-MINTPO	SCEN0810-U01822
Scifit Recumbent Bike - Wheelchair Accessible	2012	1	PR02	66-009420
Precor USA Precision Low Impact Treadmill	2010	1	946i	A925G26100001
Precor USA Elliptical Fitness Cross Trainer	2010	1	EFX567i	AADWL27100001
Scifit Recumbent Stepper - Wheelchair Accessible	2012	1	RST7000	150-008784
Concept 2 Indoor Rower	2013	1	CONCEPT2-1494	
Concept 2 Indoor Rower	2013	1	CONCEPT 2-1494	
Star Trac E-RB Recumbent Bike	2013	1	9-8110-MUNBPO	RBEB1301-L01026
Pulse DCL A48 Access Bicep Machine - Wheelchair Access	2009	1	AC48	806122
Pulse DCL A42 Access Shoulder Press - Wheelchair Access	2009	1	AC42	806121
Pulse DCL A41 Access Chest Press - Wheelchair Access	2009	1	AC41	806120
Pulse DCL A44 Access Pectrol Fly - Wheelchair Access	2009	1	AC44	806124
Pulse DCL A45 Access Lat Pull Down - Wheelchair Access	2009	1	AC45	806125
Pulse DCL A49 Access Row Machine - Wheelchair Access	2009	1	AC49	806123
Pulse DCL A50 Access Tricep Machine -	2009	1	AC50	0806126G

Wheelchair Access				
Pulse Dual Column Trainer	2009	1	P429	809228
Pulse DCL 321 Standing Leg Press	2009	1	P321	807157
Pulse DCL 305 Seated Hamstring Curl	2009	1	P305	807153
Pulse DCL 306 Leg Extension	2009	1	P306	807154
Pulse DCL 314 Hip Adduction	2009	1	P314	807155
Pulse DCL 315 Hip Abduction	2009	1	P315	807156
Pulse Lat Pull Down	2009	1	M945	809221
Pulse Pectoral Fly	2009	1	M944	809220
Pulse Adjustable Cable Column	2009	1	M950	809226
Pulse Tricep Pull Down	2009	1	M946	809222
Pulse Low Pulley Row	2009	1	M947	809223
Pulse DCL 320 Horizontal Leg Press	2009	1	P320	807158
Pulse DCL 420 Chin/Dip Ups	2009	1	P420	807159
Pulse DCL 423 Abdominal Crunch	2009	1	P423	807160
Pulse DCL 424 Back Extension	2009	1	P426	809227
Pulse DCL 301 Rotary Calf	2009	1	P301	806127
Keiser Hydraulic Leg Press	2009	1	002521PS	090107-00287
Keiser Hydraulic Seated Leg Curl	2009	1	001221PS	081230-19254
Keiser Hydraulic Leg Extension	2009	1	001121PS	081230-19253
Keiser Hydraulic Seated Chest Press	2009	1	001321PS	081212-18181
Keiser Hydraulic Lat Pull Down	2009	1	002121PS	090107-00277
Keiser Hydraulic Military Press	2009	1	001621PS	090107-00243
Keiser Hydraulic Functional Trainer - Pole	2009	1	003020PS	061215-07680
Keiser Hydraulic Functional Trainer - Base	2009	1	003025P	061130-07291
Pulse Lever Bicep Curl	2009	1	L508	807163
Pulse Lever Shoulder Press	2009	1	L502	807162
Pulse Lever Seated Leg Press	2009	1	L517	
Pulse Lever Squat Machine	2009	1	L518	807164
Pulse Lever Chest Press	2009	1	L501	807161
Pulse Seated Calf Machine	2009	1	B179	809234
Pulse Counter Weight Smith Machine	2009	1	B175	809233
Ab Coaster/Commercial Roller	2011	1	CS3000	
Pulse Power Cage	2009	1	B170	809231
Pulse Squat Rack/Plate Hold	2009	1	B171	809232
Olympic Incline Press	2009	1	B1554	809230
Olympic Shoulder Press	2009	1	B153	809229
Olympic Flat Bench	2009	1	B151	807175
Pulse Flat Bench	2009	2	B101	0807165; 0807166
Pulse Flat Incline Bench	2009	3	B102	0807167; 0807168; 0904395
Pulse Adjustable Decline Bench	2009	2	B107	1008598; 0807170
Pulse Adjustable Incline Bench	2009	1	B103	807169
Pulse Seated Preacher Curl	2009	1	B137	807174
Pulse Incline Lever Row	2009	1	B134	1008599
Atlantis C-206 Leg Platform	2009	1	C206	55492
Pulse Adjustable Abdominal Isolator	2009	1	B118	807172
Pulse 45° Back Extension	2009	1	B131	807173
Pulse Leg Raise/Dip	2009	1	B117	807171

Keiser Air compressor	2009	1	001021P	081224-18987
Olympic Flat Bench		1	B151	807175
Mobile Rack		1	15011	
Barbell Rack (10 bars)		1	B201	809235
3 Tier York Dumbbell Rack		1		
Dumbbells - York - Cast Iron				
10 lbs.		2		
15 lbs.		2		
20 lbs.		2		
30 lbs.		2		
35 lbs.		2		
40 lbs.		2		
45 lbs.		2		
50 lbs.		2		
55 lbs.		2		
60 lbs.		2		
65 lbs.		2		
70 lbs.		2		
75 lbs.		2		
80 lbs.		2		
85 lbs.		2		
90 lbs.		2		
100 lbs.		2		
110 lbs.		2		
120 lbs.		2		
Dumbbells - York - Vinyl Coated				
1 lbs..		20		
2 lbs.		20		
3 lbs.		20		
4 lbs.		14		
5 lbs.		14		
6 lbs.		10		
7 lbs.		8		
8 lbs.		12		
9 lbs.		8		
10 lbs.		12		
12 lbs.		4		
Dumbbells - York - Rubber Hex				
2.5 lbs.		4		
5 lbs.		4		
7.5 lbs.		4		
10 lbs.		4		
10 lbs. Neoprene Rubber		4		
12.5 lbs.		4		
15 lbs.		4		
15 lbs. Neoprene Rubber		4		
17.5 lbs.		4		
20 lbs.		4		

22.5 lbs.		4		
25 lbs.		4		
60 lbs.		2		
65 lbs.		2		
Barbells - York - Cast Iron				
20 lbs.		1		
25 lbs.		1		
30 lbs.		1		
35 lbs.		1		
40 lbs.		1		
45 lbs.		1		
50 lbs.		1		
60 lbs.		1		
70 lbs.		1		
80 lbs.		1		
Weight Plates - York - Olympic				
2.5 lbs.		6		
5 lbs.		30		
10 lbs.		22		
25 lbs.		26		
35 lbs.		30		
45 lbs.		50		
Other Accessories				
Mobile Rack for Weight Fitbells 24" x 38" x 35"		1		
Pulse Accessory Rack 22" x 60" x 38"		1	B214	809238
York Dumbbell Stand 2 Tier 24" X 52" X 35"		1		
York Dumbbell 3 Tier Stand 24" x 52" x 42"		1		
Pulse 2 Tier Cast Iron Dumbbell Rack 28" x 39" x 97"		1	B204	809236
Pulse 2 Tier Cast Iron Dumbbell Rack		1	B204	809237
Pulse 10 Bar Barbell Rack 29" x 35" x 55"		1	B201	809235
Weight Plate Storage Tree 22" x 18" x 48"		1		
LOWER WEIGHT ROOM				
6 Station Multi Gym: seated pulley row, hamstring curl, leg extension, high pulley, chest press, adjustable pulley	original	1		
2 Station Multi Gym: pec deck, lat pull-down	2009	1		
Standing Calf Raise	original	1	P302	
Supine Leg Press	original	1	P320	
Flat Bench with Attached Barbell Rack	original	1		
Incline Bench with Attached Barbell Rack	original	1		
Adjustable Incline Bench	original	1		
Flat Bench with Attached Barbell Rack	original	1		
Height Adjustable Flat Bench-used with 6 multi-gym	original	1		
Rope Grips	original	2		
Long Straight Grip	original	1		
Short Grip	original	1		

D Grips	original	2		
Multipurpose Grip - wide	original	1		
Multipurpose Grip - narrow	original	1		
V Grip	original	2		
E-Z Curl Bar	original	1		
D Handle Lat Bar	original	1		

Elmwood Kildonan Pool	909 Concordia Avenue			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
Weight Room				
Ankle Strap; Pulse ACCAS	2008	2		
Bars, Curl	1985	3		
Bars, Regular	1981	4		
Bar, Tricep 6828, ACCTB	2011	1		
Bench, glut - ham	1983	1		
Bench, incline	1985	1		
Bench Seated Preacher; Pulse B137	2011	1	B137	
Bench, Sit Up; Atlantis A1-A164	2011	1	A1-A164	
Carabiner	2008	8		
Chinning Triangle, Pulse ACCCY	2008	1		
Dip Station, Pulse Leg Raise B117	2008	1	B117	
Modular Frame Connect (6), Pulse M906	2008	1	M906	
Modular Leg Curl, Pulse M934	2008	1	M934	
Modular Leg Extension, Pulse M936	2008	1	M936	
Modular Lat Pull-down, Pulse M945	2008	1	M945	
Modular Cable Column, Pulse M950	2008	1	M950	
Press, Chest/Shoulder Modular; M940 Pulse	2008	1	M940	
Pectoral Fly, Modular; M944 Pulse	2008	1	M944	
PULSE B134 Incline Lever Row	2011	1	B134	
Revolving Straight Bar; Pulse ACCRSB	2008	1		
Stools	1985	1		
Tricep Rope; Pulse ACCTR	2008	2		
Universal Gym	1985	1		
Hex Dumbbells, RHX15, 8 lbs. Rubber	2011	4		
Hex Dumbbells, RHX15, 10 lbs. Rubber	2011	4		
Hex Dumbbells, RHX15, 12 lbs. Rubber	2011	2		
Hex Dumbbells, RHX15, 15 lbs. Rubber	2011	8		
Hex Dumbbells, RHX15, 20 lbs. Rubber	2011	4		
Hex Dumbbells, RHX15, 25 lbs. Rubber	2011	4		
Hex Dumbbells, RHX15, 30 lbs. Rubber	2011	2		
Hex Dumbbells, RHX15, 35 lbs. Rubber	2011	2		
Hex Dumbbells, RHX15, 45 lbs. Rubber	2011	2		
Detecto Clinical Scale/ Height Rod; 400 lbs. cap. CRD100WHT	2011	1		CRD100WHT
Apple AA0-1001 Rest Mats(2x4') Black/Handles	2011	10		
Apple AA0-1001 Rest Mats(2x4') Blue/Handles	2010	4		
Star Trac Bike	1988	1		UBEN710-C02021
Star Trac Pro Upright Bike	1988	1		PB70113259
Life Fitness Elliptical, 9100Xi Cross Trainer	1988	1	9100Xi	CFT104376
Life Fitness Treadmill 9700T1	1988	1	9700T1	TST103290

Fort Rouge Leisure Centre	625 Osborne St. South			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
Cardio Item Name				
Star Trac Upright Bike	2014	1		UBEB13001-L01001
Star Trac Spin Bike	2014	1		
Star Trac Stepper	2008	1		SCPN0802-401487
Star Trac Pro Recumbent Bike	2006	1		PR60713277
Matrix Elliptical	2012	1		EP308130903081
Life Fitness 9100HR Treadmill	2006	1		STR700310
Star Trac Elliptical	2013	1		CTEB1212-I01220
Star Trac Treadmill	2014	1		
Matrix Treadmill	2012	1		
Star Trac Treadmill	2014	1		
Precor Elliptical	2008	1		AADWL27100011
Star Trac Recumbent Bike	2006	1		RBPN0709-C02401
Resistance Item Name				
Standing Calf Raise	1992	1		201807
Seated Calf Raise	1992	1		201806
Machine Hip Abduction/Adduction/Ext/Flex	2009	1		102181
Machine Seated Chest Press (Pulse)	2009	1		
Abdominal Crunch Machine (Pulse)	1992	1		
Machine Back Extension	2001	1		
Machine Hip Flexion (Roman Chair)	2009	1		
Squat Rack	2000	1		
Smith Machine / Machine Squat Rack (Atlantic)	1997	1		
Seated Leg Press (Magnum)	1992	1		
Standing Leg Press (Atlantic) (45° Leg Press)	2001	1		
Leg Extension (Pulse)	1992	1		301171
Leg Curl (Pulse) (Hamstring Curl)	1992	1		301169
Pec Dec (Pulse) (Reverse Delt)	1992	1		401930
Assisted Chin-up/Dip Machine (Pulse)	2009	1		
Flat Bench Press	1995	1		
Flat Bench Press	1995	1		
Incline Bench Press	1977	1		
Shoulder (Military) Press	2009	1		101800
Lat Pull-down/Seated Row Machine		1		
Lat Pull-down		1		509748
Lat Pull-down		1		
Adjustable Pulley (Bicep, Tricep, Delt)	2009	1		
Cable Seated Shoulder Press / Modular Chest	2009	1		
Cable Cross-over (Universal)	2009	1		
Incline Bench	1988	4		
Preacher Curl Bench	1992	1		
Toe lifts	2000	1		
Universal	2009	1		
Weight Rack		6		
Accessory Rack	2001	1		

Roman Chair/Hip Flexion	1998	1	
T-bar Row	2008	1	
Weights - Dumbbells			
Umax Dumbbells 5 lbs.	2012	6	
Umax Dumbbells 7.5 lbs.	2012	8	
Umax Dumbbells 10 lbs.	2012	4	
Umax Dumbbells 12.5 lbs.	2012	2	
Umax Dumbbells 15 lbs.	2012	8	
Umax Dumbbells 20 lbs.	2012	4	
Umax Dumbbells 25 lbs.	2012	4	
Umax Dumbbells 30 lbs.	2012	4	
Umax Dumbbells 35 lbs.	2012	4	
Umax Dumbbells 40 lbs.	2012	4	
Umax Dumbbells 45 lbs.	2012	4	
Umax Dumbbells 50 lbs.	2012	2	
Umax Dumbbells 55 lbs.	2012	2	
Umax Dumbbells 60 lbs.	2012	1	
Umax Dumbbells 65 lbs.	2012	1	
Umax Dumbbells 70 lbs.	2012	1	
Umax Dumbbells 75 lbs.	2012	1	
Umax Dumbbells 80 lbs.	2012	1	
Umax Dumbbells 85 lbs.	2012	1	
Umax Dumbbells 90 lbs.	2012	1	
Umax Dumbbells 95 lbs.	2012	1	
Umax Dumbbells 100 lbs.	2012	1	
Umax Dumbbells 105 lbs.	2012	1	
Umax Dumbbells 110 lbs.	2012	1	
Umax Dumbbells 115 lbs.	2012	1	
Umax Dumbbells 120 lbs.	2012	1	
Dumbbells 2 lbs.		1	
Dumbbells 3 lbs.		2	
Dumbbell Rack		3	
Weights - Plates			
Umax Plates 2.5 lbs.	2012	8	
Umax Plates 5 lbs.	2012	18	
Umax Plates 10 lbs.	2012	20	
Umax Plates 25 lbs.	2012	20	
Umax Plates 35 lbs.	2012	26	
Umax Plates 45 lbs.	2012	50	
Plate Tree		2	
Weights - Barbells - Preset			
Umax Barbells 20 lbs.		1	
Umax Barbells 25 lbs.		1	
Umax Barbells 30 lbs.		1	
Umax Barbells 35 lbs.		1	
Umax Barbells 40 lbs.		1	
Umax Barbells 45 lbs.		1	
Umax Barbells 50 lbs.		1	

Barbell Rack		1	
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Freight House Recreation Centre - Door 1	1 - 200 Isabel Street			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
Star Trac Recumbent Bike		1		
Life Cycle 9100 (upright)		1		82359
Precor Upright Bike	2008	1		NQL13R0033
Precor Elliptical		1		EFX546i
Life Fitness Treadmill 9100 HR	2007	1		341796
Life Fitness Treadmill 9100 HR	2013	1		376680
Concept 2 Indoor Rower	2009	1		
Life Fitness 91Xi Elliptical	2009	2		
Pulse Chin Dip/Leg Raise	2009	1		0912521
Pulse Universal Station (red)	1983	1		503593
Pulse Fitness Smith Machine B175		1		609355
Squat Rack	1988	1		
Pulse Leg Extension/Hamstring Curl Bench		1		
Flat Bench Press		1		BP4-003191E-1
Incline Bench Press		1		
Pulse Seated Row	2007	1		DCL417
Pulse Multi-station M 600 (white)	1991	1		201748
Pulse P310 Select Leg Press	2009	1		704730
Lever Shoulder Press	2009	1		701680
Standing Calf Machine (plate-loaded)		1		
Pulse Seated Preacher Curl	2009	1		910416
Pulse Standing Calf Stretch		1		
Incline Bench Grey		2		
Flat Bench Grey		2		
Flat Bench Green		1		
Decline/Sit-up Bench Grey		1		
Hyperextension Bench		1		
Hex Grey Dumbbells				
3 lbs.		6		
5 lbs.		11		
10 lbs.		2		
15 lbs.		2		
York Green Dumbbells				
15 lbs.		2		
20 lbs.		2		
25 lbs.		3		
30 lbs.		4		
35 lbs.		2		
40 lbs.		2		

45 lbs.		2	
50 lbs.		2	
60 lbs.		1	
65 lbs. (black)		2	
70 lbs. (black)		2	
York Black Dumbbells			
2.5 kg.		1	
17.5 kg.		2	
22.5 kg.		2	
27.5 kg.		2	
30 kg.		2	
32.5 kg.		2	
35 kg.		2	
37.5 kg.		2	
40 kg.		2	
42.5 kg.		2	
Bars			
Olympic E-Z Curl Bar		1	
E-Z Curl Bar	1983	4	
Straight Curl Bar	1982	1	
Olympic Bar		3	

Kinsmen Sherbrook Pool	381 Sherbrook Street			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
Updated 2/2/2015				
Star Trac Treadmill (parts only)		1		DL70832852
Tectrix Climbox Stepper		1		705444
Tectrix Climber Stepper		1		705432
Tectrix Climbox Stepper		1		163091
Tectrix Climbox Stepper		1		168583
Stationary Bike Star Trac		1		PB70113263
Bikemax Tetrax		1		510537
Bikemax Tetrax		1		510578
Lifefitness Treadmill		1		380619
Leg Press		1	P310	701654
Universal Multi-Station		1	m600	701653

North Centennial Recreation and Leisure Facility	90 Sinclair Street			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
Updated 2/09/2015				

Weight Room				
Star Trac Pro Treadmill - Model # 7631	2010	1	7631	TRPN0909-U06982
Star Trac Pro Treadmill - Model # 7631	2010	1	7631	TRPN0909-U06916
Star Trac Pro Recumbent Cycle - Model # 6430	2010	1	6430	RBPN0909-03249
Star Trac Pro Recumbent Cycle - Model # 6430	2010	1	6430	RBPN0909-03231
Star Trac Pro Recumbent Cycle - Model # 6430	2010	1	6430	RBPN0909-03248
Star Trac Pro Treadmill - Model # 7631	2010	1	7631	TRPN0909-U06928
Star Trac Pro Treadmill - Model # 7631	2010	1	7631	TRPN0909-U06917
Star Trac Elite Total Body Trainer - Model # 6230	2010	1	6230	CTPX0910-U05153
Star Trac Elite Total Body Trainer - Model # 6230	2010	1	6230	CTPX0910-U05155
12 gauge extension cord 8 ft.	2010	1		
12 gauge extension cord 20 ft.	2010	1		
12 gauge extension cord 31 ft.	2010	1		
Pulse Assisted Chin / Dip - Model # P420	2010	1	P420	1004563
Pulse Row Machine - Model # AC49	2010	1	AC49	1004557
Pulse Chest Press - Model # AC41	2010	1	AC41	1004548
Pulse Shoulder Press - Model # AC42	2010	1	AC42	1004552
Pulse Tricep Extension - Model # AC50	2010	1	AC50	1004558
Pulse Bicep Curl - Model # AC48	2010	1	AC48	1004556
Pulse Calf Machine - Model # P301	2010	1	P301	1004559
Pulse Dual Column Trainer - Model #429	2010	1	429	1004566
Pulse Leg Extension - Model # P306	2010	1	P306	1004561
Pulse Horizontal Leg Press - Model # P320	2010	1	P320	1004562
Pulse Seated Hamstring - Model # P305	2010	1	P305	1004560
Pulse Lat Pull-down - Model # AC45	2010	1	AC45	1004555
Pulse Pectoral Fly - Model # AC44	2010	1	AC44	1004554
Pulse Back Extension - Model # P424	2010	1	P424	1004565
Pulse Abdominal Crunch - Model # P423	2010	1	P423	1004564
Machine Attachments	2010	1		
Revolving Curl Bar	2010	1		
Tricep Bar	2010	1		
Multi-Purpose Bar	2010	1		
Forged Single Grip	2010	2		
Tricep Rope	2010	1		
Carabiner	2010	2		
YORK Rubber Hex Dumbbells				
York 3 Tier Double Rack - Model # 6914	2010	2	6914	
York 3 lbs. - Model # 3482	2010	4	3482	
York 5 lbs. - Model # 3483	2010	4	3483	
York 8 lbs. - Model # 3484	2010	4	3484	

York 10 lbs. - Model # 3485	2010	4	3485	
York 12 lbs. - Model # 3486	2010	4	3486	
York 15 lbs. - Model # 3487	2010	4	3487	
York 20 lbs. - Model # 3488	2010	2	3488	
York 25 lbs. - Model # 3489	2010	2	3489	
York 30 lbs. - Model # 3490	2010	2	3490	
York 35 lbs. - Model # 3491	2010	2	3491	
York 40 lbs. - Model # 3492	2010	2	3492	
York 50 lbs. - Model # 3494	2010	2	3494	
York 60 lbs. - Model # 3495	2010	2	3495	
Pulse Flat / Incline Bench - Model # B102	2010	1	B102	1004550
Pulse Adjustable Incline Bench - Model # B103	2010	1	B103	1004551
Pulse Adjustable Decline Bench - Model # B107	2010	1	B107	1004553

Pan Am Pool	25 Poseidon Bay			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
AEROBICS ROOM				
1 lb. Pink Vinyl Weights		12		
2 lbs. Orange Vinyl Weights	2010	11		
2 lbs. Red Weights	2013	1		
2.5 lbs. Blue Plastic Weights	2000	4		
3 lbs. Blue/Black Vinyl Weights		12		
3 lbs. Green Vinyl Weights		12		
3 lbs. Blue/Purple Weights		4		
4 lbs. Blue Weights		2		
5 lbs. Green Vinyl Weights	1998	6		
5 lbs. Blue/Purple Weights		11		
8 lbs. Blue Vinyl Weights		6		
8 lbs. Yellow Vinyl Weights	1998	8		
8 lbs. Black Plastic Weights		2		
8 lbs. Blue Vinyl Weights		8		
10 lbs. Black York Weights		2		
12 lbs. Black York Weights		7		
Weight Rack		1		
Boscu Rack	2011	2		
MULTI-PURPOSE ROOM				
Rolling Mat Rack		1		
Smart Toner (blue/heavy)		18		
Smart Toner (red/medium)		29		
2 lbs. Cast Iron Dumbbells		10		
3 lbs. Cast Iron Dumbbells		6		
5 lbs. Cast Iron Dumbbells		2		
Nike 2 lbs. Dumbbells		2		

2 lbs. Green Dumbbells		2	
3 lbs. Blue Dumbbells		4	
3 lbs. Black Dumbbells		4	
5 lbs. Green Dumbbells		3	
5 lbs. Blue Dumbbells		7	
LOWER WEIGHT ROOM			
Olympic Bar		1	
Lat Pull Down Bar		1	
Straight Bar		2	
EZ Curl Attachment		1	
D Handle Attachment		2	
Bent Bar		2	
Bar Flat Bench	1996	1	
Bar Incline Bench	1996	2	
Flat Bench	1996	1	
Leg Press (Atlantis)	2010	1	
10 Station Multi-Gym	2010	1	
Pec Dec		1	
Knee Extension		1	912483
Low Row		1	912486
Cable Crossover		1	
Adjust Cable		2	
Lat pull down		1	912485
Star Trac NXT Spinner		1	SBEN1212-L01268-C31
Star Trac NXT Spinner		1	SBEN1212-L01667-32
Star Trac Upright Bike		2	
Barbells 25 lbs.		2	
Barbells 30 lbs.		1	
Barbells 35 lbs.		2	
1 lb. Dumbbells		2	
2 lbs. Dumbbells		1	
3 lbs. Dumbbells		8	
5 lbs. Dumbbells		12	
7.5 lbs. Dumbbells		2	
8 lbs. Dumbbells		10	
10 lbs. Dumbbells		14	
12 lbs. Dumbbells		8	
12.5 lbs. Dumbbells		2	
15 lbs. Dumbbells		10	
20 lbs. Dumbbells		10	
25 lbs. Dumbbells		8	
30 lbs. Dumbbells		4	
35 lbs. Dumbbells		4	
40 lbs. Dumbbells		2	
45 lbs. Dumbbells		2	
50 lbs. Dumbbells		2	
Racks (Wall Mounted)	1967	2	
Standard Plate Holder (Back)		1	

Dumbbell Rack	1988	3		
Extension Rope		1		
45 lbs. Standard Plates (for Olympic Bars)		14		
35 lbs. Standard Plates (for Olympic Bars)		6		
25 lbs. Standard Plates (for Olympic Bars)		6		
10 lbs. Standard Plates (for Olympic Bars)		8		
2.5 lbs. Standard Plates (for Olympic Bars)		8		
Olympic Bar Clips		2		
Mat Rack		1		
Precor Smith Machine	2011	1		BCKRA18110001
Magnetic Donuts	2010	25		
UPPER WEIGHT ROOM				
Precor Leg Curl	2010	1		1PWRL07NR9905XX
Precor Leg Extension	2010	1		PWRL05NR9905XX
Precor Treadmill 946i	2010	1		A925K01100009
Forearm Machine (Eagle)		1		
Pec Dec (Eagle)		1		
Incline Sit Up Wedge	1967	1		
Pull Over Machine (Eagle)		1		
Cable Cross Over Station (Paramount)		1		
Back Extension Bench	1967	1		
Cross Trainer (Life Fitness)	1998	1		ACJ104320
Stationary Bike (Life Cycle 8500)		1		
Star Trac Recumbent Bike	2008	1		Pro50106445
Star Trac Recumbent Bike	2008	1		PR40804430
Star Trac Pro Stair Climber	2008	1		5170103308
Stair Master 4000PT	2005	1	24379A	iPS5
4 Station Gym		1		
Standing Calve Smith Machine (California Gym)		1		
Indoor Rower (Concept II) one from 2 machines		1		E8300
Flat Bench (Red)	1996	1		
Adjustable Incline Bench	1996	1		
Elliptical Trainer (Life Fitness)	2006	2		ACT104320
Hip Abductor In	2006	1		507010
Hip Abductor Out	2006	1		507011
Star Trac Upright Bike warranty ends Oct 2016	2007	1		UBE1307L01018
Star Trac Upright Bike warranty ends Oct 2016	2007	1		UBEN0710-C02050
Star Trac Upright Bike warranty ends Oct 2016	2007	1		PB70113260
Star Trac Upright Bike warranty ends Oct 2016	2007	1		PB50506348
Flex Deck(Life Fitness)	2007	1		STR772295
Precor cross trainer	2010	1		70L07M0030
Precor C line leg press from EK		1		BG572100001
5 lbs. Dumbbells		2		
8 lbs. Dumbbells		6		
10 lbs. Dumbbells	1989	2		
12.5 lbs. Dumbbells		1		
15 lbs. Dumbbells		2		
20 lbs. Dumbbells	1967	4		

25 lbs. Dumbbells		4		
30 lbs. Dumbbells		2		
35 lbs. Dumbbells		2		
40 lbs. Dumbbells		2		
45 lbs. Dumbbells		4		
50 lbs. Dumbbells	1967	2		
55 lbs. Dumbbells		2		
60 lbs. Dumbbells		2		
65 lbs. Dumbbells		2		
70 lbs. Dumbbells		2		
75 lbs. Dumbbells		2		
80 lbs. Dumbbells		2		
85 lbs. Dumbbells		2		
90 lbs. Dumbbells		1		
95 lbs. Dumbbells		2		
100 lbs. Dumbbells		2		
Olympic Bar	2010	2		
Pulse Dip Machine (Used) from CKRC	2009	1		
Standing Hamstring Machine from CKRC	2009	1		
Olympic Squat Rack		1		
Pulse leg raise/dip (from EK)		1	B117	902354
Pulse 45° Back Ex No # (from EK)		1		902355
Star Trac Cross Trainer warranty ends Oct 2016		1		CTEB1303-L01194
Star Trac Upright Bike warranty ends 2016		1		UBEB1307-C01018
Jacobs Ladder warranty ends Oct 20 2016		1		7210
Star Trac Treadmill warranty ends Oct 2016		1		TREX1307-LO1319
Star Trac Treadmill warranty ends Oct 2016		1		TREX1307-01297
Star Trac Step Mill		1		SMEB1308-LO1190
Matrix Ascent Trainer		1		

Peguis Trail Health and Fitness Centre	1400 Rothesay Street			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
STAIR CLIMBERS				
Step Mill 7000 PT Stairmaster (Reconditioned) 2009	(Reconditioned) 2009	1		20000000000000
Star Trac Stepper		1		SCEN0910-U02433
Star Trac Stepper		1		SCEN0910-U02414
BIKES				
Star Trac Upright Bike	2007	1		UBEN0710-C02048
Star Trac Upright Bike	2007	1		UBPN0810-C02148
Star Trac Recumbent Bike	2007	1		RBEN0710-C02289
Star Trac Recumbent Bike		1		RBPN0909-W03209
Star Trac Recumbent Bike		1		RBPN0909-W03248
Star Trac Pro Recumbent Bike	2005	1		PR40905358
Star Trac Pro Recumbent Bike	2005	1		PR40804425
Star Trac Pro Recumbent Bike		1		9-6430-MINTPO

Spin Class Schwin Bikes		11		
TREADMILLS				
Star Trac Treadmill		1		TRPN0909-U06925
Star Trac Treadmill		1		TRPN0909-U06909
Matrix Ultimate Deck		1	T-5X-7X-03-F	FTM501E111202160
Star Trac Treadmill		1		TREX1211-L01385
Jacobs Ladder	2012	1		6866
ELLIPTICALS				
Star Trac Select Fit TBX Elliptical		1		CTPX0910-U05154
Precor EFX 524i Elliptical		1		A928F01070004
Life Fitness 91xi Elliptical		1		N/A
Cybox Arc Trainer (September 2009)	2009	1		d0626750

ROWERS				
Matrix Rowing Machine, MX-Rower-01		1	MX-Rower-01	AR09121204728
WEIGHTS				
Fixed weight Dumbbells-York (SETS)				
17.5 kg.	1990	1		
22.5 kg.	1990	1		
20 lbs.	2012	1		
25 lbs.	2012	1		
27.5 lbs.	2012	1		
30 lbs.	1994	4		
35 lbs.	1994	2		
40 lbs.	1994	3		
45 lbs.	2000	2		
50 lbs.	2000	4		
55 lbs.	2000	2		
60 lbs.	1997	2		
65 lbs.	2000	2		
70 lbs.	1997	2		
75 lbs.	2000	2		
80 lbs.	1997	1		
90 lbs.	1997	3		
95 lbs.	2000	1		
100 lbs.	2000	1		
110 lbs.	2012	1		
120 lbs.	2012	1		
130 lbs.	2012	1		
Hexagonal Dumbbells 3 lbs.	2001	23		
Hexagonal Dumbbells 5 lbs.	2001	30		
Hexagonal Dumbbells 8 lbs.	2001	22		
Hexagonal Dumbbells 10 lbs.	2001	12		
Hexagonal Dumbbells 12 lbs.	2001	16		
Hexagonal Dumbbells 15 lbs.	2001	10		
Hexagonal Dumbbells 20 lbs.		13		
Hexagonal Dumbbells 25 lbs.		4		

Hexagonal Dumbbells - 35 lbs.	2012	2	
Hexagonal Dumbbells - 40 lbs.	2012	4	
Hexagonal Dumbbells - 45 lbs.	2012	2	
Hexagonal Dumbbells - 50 lbs.	2012	2	
Hexagonal Dumbbells - 55 lbs.	2012	2	
Hexagonal Dumbbells - 60 lbs.	2012	2	
Hexagonal Dumbbells - 70 lbs.	2012	2	
Hexagonal Dumbbells - 90 lbs.	2012	2	
Narrow Diameter (Green Plates) 2.5 lbs.	2012	11	
Narrow Diameter (Green Plates) 5 lbs.	2012	7	
Narrow Diameter (Green Plates) 10 lbs.	2012	9	
Narrow Diameter (Green Plates) 25 lbs.	2012	5	
Narrow Diameter (Green Plates) 35 lbs.	2012	3	
Metal Weight Stand (Small Plates)	1984	2	
Weight Rack (6 set capacity)	1991	2	
Tri-Con Dumbbells Weight Rack 10 Slots	1991	1	
Dumbbells Racks Pulse - Iron	2000	3	
Dumbbells Racks (Chrome)	1987	1	
Dumbbells Racks (Cast Iron) 10 Slot	1987	3	
Dumbbells Racks - Canada white		3	
Dumbbells Racks - Pulse Grey		1	
Heavy Bags 100 lbs.	2007	4	
Heavy Bags 80lbs.	2007	4	
Heavy Bags 60lbs.	2007	4	
Barbell Fixed Weight 5lbs.	2012	1	
Barbell Fixed Weight 10lbs.	1991	1	
Barbell Fixed Weight 15lbs.	1991	1	
Barbell Fixed Weight 20lbs.	1991	2	
Barbell Fixed Weight 25lbs.	2012	1	
Barbell Fixed Weight 30lbs.	2012	1	
Barbell Fixed Weight 35lbs.	1991	2	
Barbell Fixed Weight 40lbs.	2012	1	
Barbell Fixed Weight 45lbs.	2012	1	
Barbell Fixed Weight 50lbs.	2012	1	
Standard Barbell Plates			
*2.5 lbs. (York, no name combined)	1984	7	
*5 lbs. York (all brands combined)	1984	25	
*10 lbs. York	1984	22	
*25 lbs. York	1083	23	
*35 lbs. York	1984	33	
*45 lbs. York	2000	60	
*55 lbs.	2012	2	
*2.5 kg. no name	2000	4	
*5 kg. no name	2000	4	
*10 kg. no name	2000	2	
York Rubber Hex Dumbbells			
*40 lbs.	2007	2	
*60 lbs.	2007	2	

*70 lbs.	2007	2		
*90 lbs.	2007	2		
Ab Curl Machine	1996	1		
Adductor/Abductor-Hip Machine (Steel Plate Floor)	1996	1		
Pulse Standing Calf Raise	1991	1	MD 302	104547
Smith Machine Pulse	2006	1		
Assisted Chin Up Machine-Pulse		1		
Zen Tech Gym (6 Station) - Gold	1984	1		
Pulse 304 Lying Leg Curl	1990/2006	1		
Pulse 45 Leg Press (Plate-Loaded)		1		
Squat Rack-Pulse(Gold)	1990	1		
Seated Calf Raise		1		
Pec/Rear Fly Pulse	2009	1		
Pulse Multi-Station (4 and 6 station)	2001	1		
T-Bar Row Tuff Stuff-Plate Loaded.	2004	1		
Pulse Leg Press	2007	1		
Olympic Bar - OB7-7007	2000	4	OB7- 7007	
Tricep Bar	1985	2		
Tricep Rope	2007	2		
Behind neck/spotter Olympic bench (Squat Rack) (Gold)		1		
Abdominal Board	1986	1		
Back Extension	2009	1		
Easy Curl Bar (Olympic)	1990	2		
Olympic Incline Bench (Grey)	1984	1		
Olympic Incline Bench (White)	1984	1		
Olympic Flat Bench #1 (White)	1984	1		
Free Motion Adjustable Bench	2014	1		FF301E41907
Free Motion Flat Bench	2014	1		DD801E40008
Free Motion Flat Bench	2014	1		DD801E40002
Free Motion Preacher Curl	2014	1		EE441E41679
Free Motion Preacher Curl	2014	1		EE051E41839
Legend Incline Bench	2014	1		
Free Motion Olympic Bench Press	2014	1		
Free Motion Olympic Incline Bench Press	2014	1		
Free Motion Olympic Decline Bench Press	2014	1		
PRECOR, USA Functional Training System (FTS) Glide	2014	1		
Versa S13 Converging Chest Press	2014	1		VSGM59E1312GA020
Versa S23 Converging Shoulder	2014	1		VSGM63E1401GA015
Versa S40 Bicep Curl	2014	1		VSGM67E1312GA016
Versa S42 Triceps Press	2014	1		VSGM66E1312GA030
Versa S71 Leg Extension	2014	1		VSGM62E1401GA006
Versa S72 Seated Leg Curl	2014	1		VSGM61E1401GA011
Versa S78 Glute	2014	1		VSGM73E1310GA005

St. James Assiniboia Centennial Pool	644 Parkdale Street			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
Star Trac Upright		1		PB70113257
Star Trac Pro Upright Bike (new)	2013	1		UBSX1308-LO1067
Star Trac Upright Bike (new)	2013	1		UBSX1304-LO1031
Recumbent Star Trac Bike #3	2004	1		PR40703691
Recumbent Star Trac Bike #5	2004	1		PR40703902
Recumbent Life Fitness Bike		1		LRI 107273
Sci Fit Pro II Recumbent bike with arms		1		650-005-142
Life fitness 9100 upright bike (older)		1		MBA825411
Matrix E7 Elliptical - on warranty	2012	1		EP 304111200646
Star Trac E-CT Cross Trainer (new)		1		CTEB1212-LO1192
Star Trac E-CT Cross Trainer (new)		1		CTEB1212-LO1217
Star Master Climbing System 4600 (used)		1	4600	180000315021
Life fitness Elliptical # 89500 HR (used)		1	89500 HR	107516
Life fitness Elliptical # 5 9500 HR (used)		1	59500 HR	101737
Life fitness Elliptical 9500 xi (used)		1	9500 xi	106908
Concept II Rower		1		VT-05661-8727
Concept 2 Rower Model D Purchased (new)	2008	1		300202449
Matrix T 7xTreadmill (new)	2012	1		FTM501E111202160
PreCor USA Treadmill		1		A925G26100002
Matrix T 7xTreadmill (new)	2012	1		FTM501E111202160
Life fitness 95s Stepper		1		ACF 101467
Cybox Arc Trainer 750 AT (on warranty)	2009	1	750 AT	20018784
Life fitness Treadmill 97 Ti (Purchased used)	2009	1	97 Ti	TST 103298
Life fitness Treadmill 97 Ti (Purchased used)	2009	1	97 Ti	TST 103291
StarTrac Treadmill (new)		1		LOI 384
Star Trac Treadmill (new)		1		LOI 414
Star Trac Treadmill (used)		1		DL60732370
Sci Fit Pro Recumbent Stepper with arms		1		150-005-299
Star Trac upright (parts warranty) Off warranty		1		PB60610595
Star Trac upright (parts warranty) Off warranty		1		PB60710623
Star Trac Upright Off warranty		1		PB701132884
Schwinn Spin Bikes (used)				
Schwinn #1	2008	1		0206T01583
Schwinn #2	2008	1		2106T22461
Schwinn #3	2008	1		2106T22443
Schwinn #4	2008	1		0106T06107
Schwinn #5	2008	1		0106T00697
Schwinn #6	2008	1		2106T22395
Schwinn #7	2008	1		2806T26316
Schwinn #8	2008	1		0106T00676
Schwinn #9	2008	1		2106T22445
Schwinn #10	2008	1		0106T00705
Schwinn #11	2008	1		2106T22456

Schwinn # 12	2008	1		0106t00690
Schwinn # 13	2008	1		2806T26408
A 48 bicep machine		1	A 48	
A50 tricep machine		1	A50	
A42 shoulder press		1	A42	
A49 row machine		1	A49	
A41 chest press		1	A41	
A45 lat pull down		1	A45	
Lat pull down (used) from CKRC grey colour		1		
DCL 317 seated leg press		1	DCL 317	
DCL 305 hamstring curl		1	DCL 305	
DCL 424 back extension		1	DCL 424	
p423 abdominal crunch		1	p423	
DCL 420 chin-up, Dip machine		1	DCL 420	
DCL 315 Hip Abduction		1	DCL 315	
DCL 314 Hip Adduction		1	DCL 314	
Multi Hip Machine		1		
Global Gym Prone (mitches machine)	1984	1		
DCL 425 Rotary Torso		1	DCL 425	
DCL 320 Leg Press		1	DCL 320	
Dumb Bells pro welded				
30 lbs.		2		
40 lbs.		3		
50 lbs.		6		
55 lbs.		2		
60 lbs.		6		
70 lbs.		3		
80 lbs.		2		
90 lbs.		2		
100 lbs.		1		
105 lbs.		2		
110 lbs.		2		
115 lbs.		2		
120 lbs.		2		
Rubber Hex Dumbbells				
8 lbs.		4		
10 lbs.		4		
12 lbs.		2		
15 lbs.		6		
20 lbs.		8		
25 lbs.		7		
Grey Hex Dumbbells				
2 lbs.		2		
3 lbs.		5		
5 lbs.		3		
10 lbs.		2		
15 lbs.		4		
20 lbs.		2		

25 lbs.		6	
30 lbs.		2	
35 lbs.		2	
40 lbs.		2	
45 lbs.		2	
50 lbs.		2	
Kettlebells			
10 lbs. Kettlebell		2	
15 lbs. Kettlebell		2	
20 lbs. Kettlebell		2	
25 lbs. Kettlebell		2	
Kettlebell Rack (new)		1	
Dumbbells Rack (cardio area)		1	
Accessory Rack /Various Accessories			
Studio Fitness Dumbbells			
Racks for Dumbbells		4	
Olympic 45 lbs. Standard Bars		5	
Easy Curl Olympic Bars		3	
New Pro Bar 34 inches black (New)	2014	1	
Medicine Ball Tree		1	
Global Pec Deck Benches			
Pulse Supine Leg Press		1	
Cable Crossover		1	
Power Cage		1	
Plate Tree		1	
DC 415 Lat Pull-Down		1	DC 415
Pulse Seated Leg Extension		1	
Rack with cable attachments			
DCL 418 Cable Row		1	DCL 418
DCL 302 Standing Calf		1	DCL 302
DCL 301 Rotary Calf		1	DCL 301
DCL 304 Prone Leg Curl		1	DCL 304
Pulse Pec Fly/Rear Delt		1	
Adjustable Platform Multi-Use			
Power Cage		1	
Global Pec Deck		1	
Smith Machine (Pulse)		1	
Squat Rack		1	
Power Ab Crunch Plate Loaded		1	
Plate Loaded Leg Press Seated 45°		1	
Power Cage		2	
Atlantis Adjustable Platform Multi-Use		1	
Cable Crossover (free weights area)		1	
Universal Pulse Machines			
Stat #3 Pec Deck		1	
Stat #2 Chest press		1	
Stat #1 Hamstring Curl Leg Ex		1	
Stat # 4 Duo Adjustable Cables		1	

Pulse Power Cage		1	
Tibial Machine (free weight area) (toe Lifts)		1	
Pulse Seated Olympic Incline Bench Press		1	
Atlantis Olympic Incline Bench		1	
Flat Bench (no name)		1	
Pulse Seated Calf Raise Plate Load		1	
Barbell Rack with 10 barbells		1	
Leg Raise		1	
Decline Bench		1	
45 ° with Back Extension		1	
Benches			
Ab Benches with Ladder		2	
Adjustable Benches Flat to Decline		4	
Adjustable Incline Benches		2	
Flat Benches (note 2 in very poor shape)		4	
Preacher Benches		2	
Olympic Flat Bench (from EK Mar 2015)		1	

St. James Civic Centre	2055 Ness Avenue			
Description	Purchase Year	Quantity	MODEL #	SERIAL #
Precor USA Elliptical		1		AEWEG12521
Life Fitness Elliptical	2001	1		CTF104426
Life Fitness Life Cycle (not in good condition)		1		MBA826389
Star Trac Pro Recumbent (Civic Center)	2006	1		PR50810016
Star Trac Pro Upright (Civic Center)	2006	1	9-6330-9INTPO	PB60209010
Matrix A5XA Ascent Trainer (New Nov 13)		1		EP308130903080
Matrix T 7x Treadmill		1		FTM501E111202159
Star Trac Treadmill (new)		1		
Star Trac Cross (new)		1		CTEB1212-LO1197
Star Trac E-SM Stairmill (new)		1		SMEB1308-LO1127
Pulse Chin-Dip Machine		1		712902
Pulse Ab Crunch		1		
Pulse Pec Fly		1		713903
Benches				
Flat/Incline Benches		3		
Adjustable Incline Bench		1		
Adjustable Decline Bench		1		
Preacher Curl Bench		1		
Olympic Flat Bench		1		
Olympic Incline Bench		1		
Flat Bench		1		
Sit Up Board 7016 Pulse		1	7016	
Sit Up Ladder 7018 Pulse		1	7018	
Roman Delux Back Exten	1994	1	Fit Exp	

			B-206	
Cable Crossover 06200	1994	1	6200	
Lat Pull Down 4045 Pulse	1994	1	4045	406181
Leg Extension FI0100	1994	1	FI0100	9311-052
Leg Curl FL 0200	1994	1	FL 0200	9311-072 R5
Leg Press B177 45 °	1995	1	B177	
Smith Machine Body Solid	2000	1		
Power Cage	1994	1		8520
Calf Block (small & large)		2		
Bent Over Row (from EK Mar 15)		1		
Pulse Multi-Gym	2011			
Adjustable Cable Column		1		
Prone Leg Curl/Extension Combo		1		
Chest /Shoulder Press		1		
Seated Low Row		1		
Scale (new) Feb 2014		1		
Olympic Bar (new) Mar 2014		1		
Plate Trees		4		
Various Olympic Plates				
Accessory Rack		1		
Dumbbell Racks 1 upstairs/3 on main floor		4		
Dumbbells Pro Welded				
30 lbs.		2		
35 lbs.		2		
40 lbs.		2		
45 lbs.		2		
50 lbs.		2		
55 lbs.		2		
60 lbs.		2		
65 lbs.		2		
70 lbs.		3		
75 lbs.		2		
80 lbs.		3		
110 lbs.		2		
Barbell Rack Fixed Pro Welded Barbells				
20 lbs.		1		
25 lbs.		1		
30 lbs.		1		
35 lbs.		1		
40 lbs.		1		
45 lbs.		1		
50 lbs.		1		
Grey Hex Dumbbells				
5 lbs.		15		
8 lbs.		5		
10 lbs.		9		
12 lbs.		9		
15 lbs.		2		

20 lbs.		3		
25 lbs.		2		
30 lbs.		2		
35 lbs.		2		
40 lbs.		2		
Various small hand held fitness studio weights				