

# Waniskahtan

## What is the Waniskahtan Exhibit?

This travelling exhibit from the Legacy of Hope Foundation was informed by families of MMIWG (Murdered and Missing Indigenous Women and Girls) and 2SLGBTQQIA (two-spirit, lesbian, gay, bisexual, transgender, queer, questioning, intersex, asexual). Waniskahtan means “Rise up!” in Swampy Cree. The exhibit aims to educate and raise awareness on the disproportionate rates of violence affecting MMIWG2S+. The exhibit runs November 17, 2021 – January 15, 2022 at Millennium Library.

## Why is the City hosting this exhibit?

The City is hosting the exhibit to:

- further the City’s commitment to the Journey of Reconciliation
- implement and uphold the Truth and Reconciliation Calls to Action by raising awareness and giving space to the issue

and to further act on ***Reclaiming Power and Place: The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls and the 231 Calls for Justice, specifically - Calls for All Canadians 15.1 – 15.8:***

*“As the Final Report has shown, and within every encounter, each person has a role to play in order to combat violence against Indigenous women, girls, and 2SLGBTQQIA people. Beyond those Calls aimed at governments or at specific industries or service providers, we encourage every Canadian to consider how they can give life to these Calls for Justice.”*

We call on all Canadians to:

- 15.1 Denounce and speak out against violence against Indigenous women, girls, and 2SLGBTQQIA people.
- 15.2 Decolonize by learning the true history of Canada and Indigenous history in your local area. Learn about and celebrate Indigenous Peoples’ history, cultures, pride, and diversity, acknowledging the land you live on and its importance to local Indigenous communities, both historically and today.
- 15.3 Develop knowledge and read the Final Report. Listen to the truths shared, and acknowledge the burden of these human and Indigenous rights violations, and how they impact Indigenous women, girls, and 2SLGBTQQIA people today.
- 15.4 Using what you have learned and some of the resources suggested, become a strong ally. Being a strong ally involves more than just tolerance; it means actively working to break down barriers and to support others in every relationship and encounter in which you participate.
- 15.5 Confront and speak out against racism, sexism, ignorance, homophobia, and transphobia, and each or encourage others to do the same, wherever it occurs: in your home, in your workplace, or in social settings.
- 15.6 Protect, support, and promote the safety of women, girls, and 2SLGBTQQIA people by acknowledging and respecting the value of every person and every community, as well as the right of Indigenous women, girls, and 2SLGBTQQIA people to generate their own, self-determined solutions.
- 15.7 Create time and space for relationships based on respect as human beings, supporting and embracing differences with kindness, love, and respect. Learn about Indigenous principles of relationship specific to those Nations or communities in your local area and work, and put them into practice in all of your relationships with Indigenous Peoples.
- 15.8 Help hold all governments accountable to act on the Calls for Justice, and to implement them according to the important principles we set out.

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## Learn more:

### **Legacy of Hope Foundation:**

[legacyofhope.ca](http://legacyofhope.ca)

### **National Inquiry into Missing and Murdered Indigenous Women and Girls:**

[www.mmiwg-ffada.ca/final-report](http://www.mmiwg-ffada.ca/final-report)

### **Winnipeg Public Library Info Guide on MMIWG2S+:**

[guides.wpl.winnipeg.ca/mmiwgtwospirit](http://guides.wpl.winnipeg.ca/mmiwgtwospirit)

## Supports:

### **National Action Plan**

1-844-413-6649

[mmiwg2splus-nationalactionplan.ca](http://mmiwg2splus-nationalactionplan.ca)

The toll-free 24/7 crisis line is for individuals who need emotional and other support. Service is available in English, French, Cree, Anishinaabemowin (Ojibwe) and Inuktitut.

### **Health Support Services (Government of Canada, Indigenous Relations)**

Manitoba: 1-866-818-3505

[www.rcaanc-cirnac.gc.ca](http://www.rcaanc-cirnac.gc.ca)

For survivors, family members and those affected by the issue of MMIWG to access mental health supports and community-based cultural support services.

### **Family Information Liaison Units (FILUs) (Government of Canada, Justice)**

[www.justice.gc.ca](http://www.justice.gc.ca)

FILUs provide specialized services to families of MMIWG in every province. FILUs are delivered through victim services and Indigenous community organizations. See listings under “Manitoba” on the FILU website for full contact details.

### **WRHA: Indigenous Cultural Healing Supports**

[sharedhealthmb.ca/files/covid-19-indigenous-cultural-healing-supports.pdf](http://sharedhealthmb.ca/files/covid-19-indigenous-cultural-healing-supports.pdf)

For all Indigenous Peoples in Manitoba, this document from the Winnipeg Regional Health and Shared Health lists additional supports. Last updated: November, 2020.

### **Hope for Wellness**

1-855-242-3310

[www.hopeforwellness.ca](http://www.hopeforwellness.ca)

For immediate mental health counselling by phone 24/7 or online chat on their website.

### **Crisis Lines and Services Info Guide**

[guides.wpl.winnipeg.ca/crisis](http://guides.wpl.winnipeg.ca/crisis)

Winnipeg Public Library’s online guide to local crisis lines, shelters, and mental health services for all people and all ages.